



# Course Specification

## (Bachelor)

Course Title: **Community Health Nursing**

Course Code: **455NUR-5**

Program: **Nursing**

Department: **Nursing**

College: **College of Nursing and Health Sciences**

Institution: **Jazan University**

Version: **2025**

Last Revision Date: **December 2024**

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## A. General information about the course:

### 1. Course Identification

1. Credit hours: ( 5 (3 Theory + 2 Practical )

#### 2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others  
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (7th Level/4th Year )

#### 4. Course general Description:

This course is required for all undergraduate fourth year nursing students. It introduces the student to theoretical and practical concepts of community health nursing. The course prepares students to be able to participate in all public health care services provided in the Saudi community for all age groups as an individual, family, groups, or community. Students will use all available community health resources to accomplish the goals of primary care. Through this course, students will integrate all their previous nursing knowledge and skills in addition to public health knowledge in order to address the nature of the health problems that they may encounter. Clinical exposure of the student is provided through health care centers, schools, and community centers.

#### 5. Pre-requirements for this course (if any):

352-NUR-6  
353-NUR-6

#### 6. Co-requisites for this course (if any):

None

#### 7. Course Main Objective(s):

At the end of the course, the students will:

1. Comprehend the concepts of Community Health Nursing.
2. Apply the principles of assessment in Community Health Nursing.
3. Identify the elements of Primary Health Care.
4. Participate in School Health Program.



5. Develop a concerned relationship with environmental health and safety measures.
6. Discuss physiological changes occurs in older people and their needs.
7. Assess the needs of patient with chronic diseases.
8. Differentiate the different occupational health problems and hazards.
9. Identify requirements for effective counseling.
10. Differentiate between types of outreaches programs
11. Prepare a community – oriented nurses capable of implementing preventive and control measures for communicable diseases on the individual, family, and community levels and within the primary health care settings following WHO policies and protocols.

## 2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	$(3 \times 15) + (4 \times 15) = 105$	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> <li>Traditional classroom</li> <li>E-learning</li> </ul>		
4	Distance learning		

## 3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	$15 \times 3 = 45$
2.	Laboratory/Studio	$15 \times 4 = 60$
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		105 hours/semester

## B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Discuss scientific knowledge to articulate theories, concepts, principles, and skills related to community health nursing.	K1	1. Demonstration 2. Group Discussion 3. Role-play 4. Cooperative learning	<b>Direct:</b> 1. MCQs. 2. Quizzes <b>Indirect:</b> 1. Course evaluation survey 2. ILO
1.2	Understand the principles and concepts of community health nursing that are tailored to diverse population.	K3	5. Brainstorming 6. Case-Based Learning 7. Simulation Teaching	
1.3	Explain contemporary community nursing practices to promote patient-centered care.	K2	8. Problem-based learning.	
2.0	Skills			
2.1	Demonstrate commitment to provide safe and evidenced based nursing care in community settings.	S1	1. Demonstration 2. Group Discussion 3. Role-play 4. Cooperative learning	<b>Direct:</b> 1. Oral Presentation 2. Report writing 3. Objective Structured Practical Examination (OSPE) <b>Indirect:</b> 1. Course evaluation survey 2. ILO
2.2	Perform essential and advanced community nursing practices skillfully.	S2	5. Brainstorming 6. Case-Based Learning	
			7. Clinical Teaching 8. Field Work/Visit 9. Simulation Teaching	
2.3	Communicate effectively with patients, their families, colleagues, and other professionals.	S4	10.Problem-based learning.	
2.4	Solve problems arising in community nursing practices innovatively for effective decision making.	S5		
3.0	Values, autonomy, and responsibility			
3.1	Demonstrate professional attitudes and responsibilities in community nursing settings.	V1	1. Role-play 2. Clinical Teaching 3. Field Work/Visit	<b>Direct:</b> 1. Oral Presentation 2. Report writing

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
3.2	Display teamwork and collaboration with the multidisciplinary team when providing therapeutic interventions	V2	4. Simulation Teaching	3. Objective Structured Practical Examination (OSPE)

### C. Course Content

No	List of Topics	Contact Hours
1.	<b>Theory:</b> 1.1 Course Orientation, syllabus and specification clarification <b>Practical:</b> Orientation about clinical areas and requirement in each area.	T= 3 P= 4
2.	<b>Theory:</b> 2.1. Introduction to Community Health Nursing <b>Practical:</b> Review of vital sign procedure (TPR & BP: Non digital instrument)	T= 3 P= 4
3.	<b>Theory:</b> 3.1. Community as a client <b>Practical:</b> Measuring height and weight for all age group Community Health Nursing Process	T= 3 P= 4
4.	<b>Theory:</b> 4.1 Settings for Community Health Nursing (Primary Health Care - Home visits, and Occupational Health) <b>Practical:</b> Medication administration (I.M, I.V, I.D, S.C Injection and, Routine).	T= 3 P= 4
5.	<b>Theory:</b> 5.1 (Cont.,) Settings for Community Health Nursing (Primary Health Care - Home visits, and Occupational Health) <b>Practical:</b> Geriatric assessment	T= 3 P= 4
6.	<b>Theory:</b> 6.1. The Family as Client & Violence <b>Practical:</b> Assistive Device	T= 3 P= 4
7.	<b>Theory:</b> 7.1. Community Health Education	T= 3



	<b>Practical:</b> Wound Care and Wound Suturing	P= 4
8.	<b>Theory: Week 6</b> 8.1. School-Age children and adolescent & School Health Nursing <b>Practical:</b> Immunization	T= 3 P= 4
9.	<b>Theory:</b> 9.1. Client with disabilities & Chronic illness <b>Practical:</b> First Aid	T= 3 P= 4
10.	<b>Theory:</b> 10.1. Health promotion and risk reduction <b>Practical:</b> Clinical training exposure.	T= 3 P= 4
11.	<b>Theory:</b> 11.1 Disasters management in the community <b>Practical:</b> Clinical training exposure.	T= 3 P= 4
12.	<b>Theory:</b> 12.1 Environmental Health and Safety <b>Practical:</b> Clinical training exposure.	T= 3 P= 4
13.	<b>Theory:</b> 12.1 Environmental Health and Safety <b>Practical:</b> Clinical training exposure.	T= 3 P= 4
14.	<b>Theory:</b> Class discussion <b>Practical:</b> Clinical training exposure.	T= 3 P= 4
15.	<b>Theory:</b> Review <b>Practical:</b> Clinical training exposure.	T= 3 P= 4
<b>Total</b>		<b>105</b>

#### D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Student Discipline and Behavior	Continuous	5%
2.	Practical Assessment	Continuous	15%



No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
3.	Midterm Theory	8 <sup>th</sup> or 9 <sup>th</sup> week	20%
4.	Final Practical	17 <sup>th</sup> or 18 <sup>th</sup> week	20%
5.	Final Theory	19 <sup>th</sup> or 20 <sup>th</sup> week	40%
Total			100%

\*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

## E. Learning Resources and Facilities

### 1. References and Learning Resources

Essential References	1. Rector, C., & Stanley, M. J. (2020). Community and Public Health Nursing. Lippincott Williams & Wilkins.
Supportive References	2. Nies, M. A., & McEwen, M. (2018). Community/public health nursing-E-book: promoting the health of populations. Elsevier Health Sciences.
	3. Celentano, D. & Moyses, S. (2019). Gordis Epidemiology. Elsevier.
Electronic Materials	<ul style="list-style-type: none"> <li>International Journal of Nursing Studies</li> <li>Journal of Community Health Nursing</li> <li>International Journal of Nursing Knowledge</li> </ul>
Other Learning Materials	<ul style="list-style-type: none"> <li>Medicare website</li> <li>Digital Saudi Library</li> <li>EBSCO website</li> <li><a href="#">Web of Science® - ISI</a> website</li> </ul>

### 2. Required Facilities and equipment

Items	Resources
Facilities (Classrooms, Laboratories, Exhibition rooms, Simulation rooms, etc.)	<ul style="list-style-type: none"> <li>Lecture rooms (for 30 students per semester)</li> <li>Community Health Nursing Laboratory</li> </ul>
Technology equipment (Projector, Smart board, Software)	Smart Board with ICT software and internet connection in the classrooms; audio speakers for voice amplification and audio streaming; lapel and handheld microphones for teacher and students
Other equipment (Depending on the nature of the specialty)	Library, CHN Textbooks and learning resources, basic laboratory, Lab demonstrators





## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of Teaching	Students	<ul style="list-style-type: none"> <li>Course Report</li> <li>Students' Teaching Evaluation Questionnaire.</li> <li>Continuing feedback from students during the semester.</li> </ul>
Effectiveness of student's assessment	Instructor	<ul style="list-style-type: none"> <li>Course report</li> <li>CLO Evaluation survey</li> <li>Continuing feedback from students during the semester.</li> </ul>
Quality of learning resources	Quality Assurance Unit	<ul style="list-style-type: none"> <li>Students Satisfaction Survey</li> <li>Continuing feedback from students during the semester.</li> </ul>
The extent to which CLOs have been achieved	Instructor	<ul style="list-style-type: none"> <li>Course report</li> <li>CLO Evaluation survey</li> <li>Continuing feedback from students during the semester.</li> </ul>
Other		

**Assessors** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)

## G. Specification Approval

<b>COUNCIL /COMMITTEE</b>	Nursing Department Council
<b>REFERENCE NO.</b>	NUR 2508
<b>DATE</b>	Jan 15, 2025

