



Course Specification

(Bachelor)

Course Title: RehabilitationBasic

Course Code: 405ELEC-2

Program: Bachelor in Nursing

Department: Nursing

College: College of Nursing of Health Science

Institution: Jazan University

Version: 2024 - 2025

Last Revision Date: 23-Dec-24



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A. General information about the course:

1. Course Identification

1. Credit hours: (2)

2. Course type

- A. ☐ University ☐ College ☐ Department ☐ Track ☒ Others
- B. ☐ Required ☒ Elective

3. Level/year at which this course is offered: *Level 8 / Year 4th*

4. Course General Description:

This course is designed to provide undergraduate nursing students with a solid foundation in rehabilitation nursing, allowing them to focus on an area relevant to practice in their professional workplace or a specific field of interest. It emphasises the different aspects of rehabilitation related to maximising functional capacity in persons seeking rehabilitation services and their interactions with the surrounding environment.

5. Pre-requirements for this course (if any):

433NUR-6 (Emergency and Critical Nursing Care)

6. Co-requisites for this course (if any):

None

7. Course Main Objective(s):

At the end of this course, the students will:

1. Define rehabilitation in the context of contemporary society and health care.
2. Implement the rehabilitation process: assessment, goal setting, treatment planning and evaluation.
3. Discuss what are the types of patients requiring rehabilitation.
4. Distinguish disability and enabling environments.
5. Differentiate multidisciplinary versus interdisciplinary teams working within rehabilitation.
6. Summarize the origins of modern rehabilitation

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	2x15= 30	100%
2	E-learning		



No	Mode of Instruction	Contact Hours	Percentage
3	Hybrid <ul style="list-style-type: none"> Traditional classroom E-learning 		
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	30
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with the program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Describe the history, philosophy, ethics, general principles and the process of rehabilitation services.	K1	Lectures.	-Written Examination.
1.2	Explain the significant physiological and psychological impacts and areas of concern for rehabilitation patients.	K2	- Assignment Presentation of assignment.	- Class participation during oral recitations and brainstorming.
1.3	Implement nursing and inter-professional interventions based on best evidence-based practices to manage the client's disability or chronic illness,	K3	- Problem-Based Learning. - Brainstorming	- Use of rubrics for correcting assignments and presentations.





Code	Course Learning Outcomes	Code of PLOs aligned with the program	Teaching Strategies	Assessment Methods
	achieving maximum functionality and independence to improve quality of life.			
2.0				
2.1	Apply the rehabilitation process to develop a nursing care plan for a person experiencing disability within their environment.	S2	-Lectures. - Problem-Based Learning. - Assignment - Brain Storming	-Written Examination -Class participation during oral recitations -Use of rubrics for correcting assignments and presentati
2.2	Utilize equipment and technological devices while providing specific rehabilitation therapies to promote self-care in activities of daily living.	S3		
2.3	Employ effective communication strategies with patients and families afflicted with chronic diseases and injuries.	S4		
2.4	Evaluate an active care plan in a client-centred framework appropriate for functional deficits throughout the continuum of care in the clinical rehabilitation setting	S5		
3.0	Values, autonomy, and responsibility			
3.1	Comply with the International Classification of Functioning, Disability and Health to examine the issues and interaction between health	V1	-Lecture. -Brain Storming. -Individual Assignment.	-Written Examinations. -Class participation -Participation in individual and group





Code	Course Learning Outcomes	Code of PLOs aligned with the program	Teaching Strategies	Assessment Methods
	conditions and environmental and personal factors of a person experiencing disability.			assignments using rubrics
3.2	Identify the role of the interdisciplinary team within the rehabilitation setting, including the patient and family, to facilitate the client's return to the highest level of functioning.	V2		

C. Course Content

No	List of Topics	Contact Hours
1.	The Specialty of Rehabilitation Nursing Rehabilitation, Rehabilitation Nursing- Now and into the Future. Interprofessional Teamwork and Collaboration	3
2.	Ethical, Moral, and Legal Considerations of Rehabilitation Nursing	3
3.	Building the Body of Rehabilitation Nursing Knowledge through Research, Evidence-Based Practice, Quality and Safety—performance Measurement and Accountability	3
4.	The Environment of Care in Rehabilitation -Rehabilitation setting - Role of the Rehabilitation Nurse.	3
5.	-Technology and Adaptive Equipment in the Rehabilitation Setting. -Complementary and Alternative Practices in Rehabilitation Nursing - Healthcare Financing and Health Policy in Rehabilitation	3
6.	Special Populations in the Rehabilitation Setting - Pediatric and Gerontological in Rehabilitation Nursing.	3
7.	Functional Healthcare Patterns - Physical, psychosocial Healthcare Patterns and Nursing Interventions.	3
8.	Nursing Management of Patients with Common Rehabilitation Disorders - Patients with Acute and Chronic Neurological Diseases.	3





	- Stroke	
9.	Traumatic Injuries- Brain Injury and Spinal Cord Injury.	3
10.	Rehabilitation for the Patient with Musculoskeletal, cardiac and pulmonary rehabilitation.	3
Total		30

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Midterm theory exam	8th to 9th	30%
2.	Assignments	7th to 8th	15%
3.	Discipline and Behavior	Weekly	5%
4.	Final Theoretical Exam	18 th to 20 th	50%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	The speciality practice of rehabilitation nursing: A core curriculum. (8th ed.) ARN publication. (Feb. 2020)
Supportive References	<p>Mauk, K. (2012) Rehabilitation nursing: A contemporary approach to practice. (1sted.) Jones and Bartlett Learning.</p> <ul style="list-style-type: none"> ✎ Jester, R. (2008) Advance Practice in Rehabilitation Nursing. Blackwell Publishing. ✎ Hoeman, S. Rehabilitation Nursing: Prevention, Intervention, and Outcomes (Rehabilitation Nursing: Process & Application (4thed.)
Electronic Materials	<p>http://internationaljournalofcaringsciences.org/docs/</p> <p>https://journals.lww.com/rehabnursingjournal</p> <p>https://onlinelibrary.wiley.com/journal/20487940</p> <p>https://rehabnurse.org/resources/journal</p> <p>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1463035</p> <p>https://www.springerpub.com/rehabilitation-research-policy-and-education.htm</p> <p>https://health.ebsco.com/products/rehabilitation-reference-center</p> <p>https://www.medicaljournals.se/jrm/reference-style</p>
Other Learning Materials	<p>Journal of Rehabilitation Medicine Rehabilitation Nursing</p> <p>Journal/Association of Rehabilitation Nurses International Journal of Caring Sciences.</p> <p>Lecture Handouts</p>

2. Required Facilities and equipment





Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Classroom with 60 student capacity, equipped with traditional and smart resources.
Technology equipment (projector, smart board, software)	Computers / laptops, Headsets and microphones SDL (Saudi Digital Library), Virtual simulation platforms
Other equipment (depending on the nature of the specialty)	Magnetic teaching board. PowerPoint/ transparency projector Digital library

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	Course Report Students' teaching evaluation questionnaire. Continuing feedback from students during the semester.
Effectiveness of student's assessment	Instructor	Course report CLO Evaluation survey Continuing feedback from students during the semester.
Quality of learning resources	Quality Assurance Unit	Students Satisfaction Survey Continuing feedback from students during the semester.
Extent to which CLOs have been achieved	Instructor	Course report CLO Evaluation survey Continuing feedback from students during the semester.
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewers, Others (specify))

Assessment Methods (Direct, Indirect)



G. Specification Approval

COUNCIL /COMMITTEE	Nursing Department Council
REFERENCE NO.	NUR 2508
DATE	Jan 15, 2025

