



Course Specification

(Bachelor)

Course Title : PALLIATIVE NURSING CARE

Course Code : 404 ELEC-2

Program: BACHELOR IN NURSING

Department: NURSING

College: COLLEGE OF NURSING & HEALTH SCIENCES

Institution: JAZAN UNIVERSITY

Version: 2024

Last Revision Date: 21 AUGUST 2024

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A. General information about the course:

1. Course Identification

1. Credit hours: (2 Hours)

2. Course type

A. ☐ University ☐ College ☐ Department ☐ Track ☐ Others
B. ☐ Required ☒ Elective

3. Level/year at which this course is offered: (Level 7 - 4th Year)

4. Course general Description:

This course is designed to provide undergraduate nursing students with an in-depth understanding of palliative care, focusing on how this care is given in the current healthcare system. It will examine national and global perspectives and clinical issues in delivering palliative care to diverse populations in multiple healthcare settings. The focus will be on the care of persons with life-threatening, progressive illnesses, emphasizing respect for patients' and families' beliefs, values, and choices; the psychosocial and spiritual dimensions of palliative care; acquisition of competencies in patient/family assessment, communication, decision-making, and interdisciplinary collaboration in palliative care.

5. Pre-requirements for this course (if any):

332 NUR-6 (Adult Nursing Care II)

6. Co-requisites for this course (if any):

None

7. Course Main Objective(s):

- Based on the need to humanize rather than medicalize the patient's illness experience, palliative care delves beyond the specific diseases affecting the patient. Instead, it emphasizes the quality and not the quantity of life of patients, focusing on the whole person and family, forcing us to think holistically and move away from a model focused on medical disease.
- Specific learning objectives include the following:
 1. Describe the history and evolution of different models of palliative care.
 2. Describe the significant goals of palliative care, the members of the hospice team, and the roles of the nurse or direct caregiver.
 3. Explain the importance of symptom management at the end of life and the nurse's or any caregiver's role in symptom management.
 4. Discuss ethical and legal issues that occur at the end of life and the effective management of these issues.
 5. Examine the practical end-of-life communication skills for family members.
 6. Describe cultural and spiritual competence and ways to provide culturally and spiritually competent care.
 7. Recognize bodily manifestations of dying and discuss care in the last days of life
 8. Discuss and review grief and loss theories and experiences of people and families with a life-limiting illness.
 9. Critically analyze, evaluate and apply evidence to ethical decision-making in caring for clients with life-limiting conditions and their families.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	2 hours x 16 weeks = 32	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> • Traditional classroom • E-learning 		
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	2 hours x 16 weeks = 32
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		32 hours

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Understand the philosophy and principles of hospice and palliative care integrated across settings to affect the quality of palliative care.	K1	<ul style="list-style-type: none"> - Lectures & Clinical Discussion - Assignment - Brainstorming - Role play 	<ul style="list-style-type: none"> - Written Examination - Class participation during oral recitations and brainstorming. - Open-book assessments (OBA), Oral presentation, long essay. - Use of rubrics for correcting assignments & presentations
1.2	Interpret the near-death and dying process and the critical caregiver roles at these times.	K2		
1.3	Summarize practical pain observation and symptom management strategies, including pharmacologic, non-pharmacologic, and psychosocial care.	K3		



Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
2.0	Skills			
2.1	Apply palliative care principles to the assessment, planning and management of personalized care of the person and family requiring palliative care.	S2	<ul style="list-style-type: none">- Lecture- Reflection on experience/role modelling- Role Play.- Case discussions	<ul style="list-style-type: none">- Quizzes- Major Examinations- Active Class Participation- Individual Participation- Open-book assessments (OBA), Oral presentation, long essay.
2.2	Comply with the principles of effective communication when interacting with people with life-limiting illnesses and their families.	S4		
2.3	Evaluate the effectiveness of palliative care interventions and their impact on outcomes for the person and family.	S5		
3.0	Values, autonomy, and responsibility			
3.1	Practice the principles and ethical/legal issues or dilemmas that may arise in end-of-life/palliative care.	V1	<ul style="list-style-type: none">- Lecture.- Case presentation- Group work- E-learning	<ul style="list-style-type: none">- Quizzes and Examinations- Use of rubrics for grading presentations and portfolio- Observation
3.2	Demonstrate an understanding of the multidisciplinary team approach to palliative care.	V2		



C. Course Content

No	List of Topics	Contact Hours
1.	Basics of Palliative Care	2
2.	Symptom Assessment and Management In Palliative Care Nursing	2
3.	Palliative Care Emergencies	2
4.	Psychosocial & Spiritual Dimensions of Palliative Care	2
5.	Ethical & Legal Issues in Palliative Care	2
6.	Effective Communication in Palliative Care	2
7.	Effective Communication in Palliative Care (continuation)	2
8.	Curative & Palliative Choices	2
9.	Roles of Multidisciplinary Teams	2
10.	Accessing a Palliative Care Service	2
11.	End of Life Care in Palliative Care Nursing	2
12.	Caring for the Family	2
13.	Loss, Grief and Bereavement	2
14.	Palliative Care: In a Nutshell	2
15.	Revision	2
16.	Final Examinations	2
Total		32

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Short Quizzes	5 th to 6 th Week	5
2.	Midterm Examinations	7 th to 9 th Week	30
3.	Participation & Attendance	Continuous	5
4.	Assignment/Project	10 th to 12 th Week	10
5.	Final Examinations	16 th week onwards	50
Total			100

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	<ul style="list-style-type: none"> - Ferrel, B. Coyle N. (2019) Oxford Textbook of Palliative Nursing. 5th ed. Oxford University Press - Matzo, M. Sherman, D. (2018) Palliative Care Nursing: Quality Care to the End of Life, 5th edition. - IAPC course textbook 2020 palliative care nursing INC UG nursing curriculum
Supportive References	<ul style="list-style-type: none"> - Palliative Care Nursing: Quality Care to the End of Life (5th Edition) by Constance Dahlin, Mary Lynch, and Diane G. Cox - Principles and Practice of Palliative Care and Supportive Oncology (4th Edition) by Ann Berger and Russell K. Portenoy - Handbook of Palliative Care (2nd Edition) by Robert Twycross and Sylvia Barreto
Electronic Materials	<ul style="list-style-type: none"> - http://www.aacn.nche.edu/elneec End of Life Nursing Education Consortium (ELNEC) - http://hospicecare.com/home Hospice & Palliative Care Center - http://aahpm.org American Academy of Hospice & Palliative Care Medicine (AAHPM) - http://www.nursingworld.org/MainMenuCategories/EthicsStandards/End-of-Life American Nurses Association - http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1070242/ Approaching Death: Improving Care at the End of Life - https://www.capc.org Center to Advance Palliative Care (CAPC) - http://www.epec.net/ Education on Palliative and End of Life Care project (EPEC) - http://www.cancer.org/index American Cancer Society
Other Learning Materials	<ul style="list-style-type: none"> - Journal of Palliative Medicine - Journal of Palliative Care - Journal of Hospice and Palliative Nursing - BMC Palliative Care

2. Required Facilities and equipment

Items	Resources
Facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Lecture rooms
Technology equipment (projector, smart board, software)	Projector, smart board, software
Other equipment (depending on the nature of the specialty)	Properly equipped library for textbooks and other – reference materials.



F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	Course Report Students' teaching evaluation questionnaire. Continuing feedback from students during the semester.
Effectiveness of Students' assessment	Instructor	Course Report CLO Evaluation survey Continuing feedback from students during the semester.
Quality of learning resources	Quality Assurance Unit	Students Satisfaction Survey Continuing feedback from students during the semester.
The extent to which CLOs have been achieved	Instructor	Course Report CLO Evaluation survey Continuing feedback from students during the semester.
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	Nursing Department Council
REFERENCE NO.	NUR 2508
DATE	Jan 15, 2025

