



## Course Specification (Bachelor)

Course Title:	Adult Care Nursing II
Course Code:	332 NUR - 6
Program:	Nursing
Department:	Nursing
College:	College of Nursing of Health Sciences
Institution:	Jazan University
Version:	2024 - 2025
Last Revision Date:	12-Feb-23

## Table of Contents

A	General information about the course:	3
B	Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	4
C	Course Content	5
D	Students Assessment Activities	5
E	Learning Resources and Facilities	5
F	Assessment of Course Quality	6
G	Specification Approval	6

## A. General Information about the Course

### 1. Course Identification

1. Credit Hours 1

#### 2. Course Type

A. University ☒ College ☒ Department ☒ Track ☒ Others ☒  
B. Required ☒ Elective ☒

3. Level / year at which the course is offered: Level 6 / Year 3

#### 4. Course General Description:

This course is a continuation of Adult Care Nursing I. It focuses on selected competencies for designing comprehensive nursing care management of adult clients with complex & unpredictable human responses to specific system alterations. Selected settings are utilized for clinical practice

#### 5. Pre-requisites for the Course (if any):

231NUR-6 (Adult Care Nursing I)

#### 6. Co-requisites for the Course (if any):

None

#### 7. Course Main Objectives:

1. Integrate the knowledge of pathophysiology in the administration of nursing care of patients experiencing complex responses to stress.
2. Maintain the collaborative relationship between health team members, patients and significant support person(s) in various health settings to promoting wellness and disease prevention while managing acute and chronic conditions.
3. Demonstrate behaviors which promote leadership, education, autonomy and power within the profession of nursing.
4. Demonstrate a holistic approach to the practice of nursing, considering physical, psychological, socio-cultural, developmental and spiritual factors, and promote the continuity of care.
5. Integrate caring, integrity, safe practice and accountability in practicing the art and science of nursing.
6. Apply critical thinking in the provision of quality nursing care while maintaining fiscal accountability.
7. Manage care in an effective and efficient manner maintaining legal and ethical standards in the provision and delegation of nursing care.
8. Analyze the impact of responses to stress on members of a multicultural society and intervene to optimize health and empower healthcare consumers

### 2. Teaching Mode:

S. No.	Mode of Instruction	Contact Hours	Percentage
1.	Traditional Classroom	48	100%
2.	e-Learning		
3.	<b>Hybrid:</b> <ul style="list-style-type: none"><li>• Traditional Classroom</li><li>• Online Classroom / e-learning</li></ul>		
4.	Distance Learning		

**3. Contact Hours** (based on academic semester)

S. No.	Activity	Contact Hours
1	Lectures	48
2	Laboratory / Studio	72
3	Field	
4	Tutorial	
5	Others (Specify)	
6	Distance Learning	
Total		120

**B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods**

Code	Course Learning Outcome	Aligned	Teaching Strategies	Assessment Methods
<b>1</b>	<b>Knowledge &amp; Understanding</b>			
1.1	Demonstrate the broad understanding and critical view of the concepts and terminology used in disorders of endocrine system, musculoskeletal system, urinary system, nervous system, immune system, Integumentary system and eye & ear.	K1	Lecture & Group discussion	Assignments, Multiple Choice Questions, Short answers, True/False, Pre-class assignment - Mid-term exam - Final written exam
1.2	Apply the principles and concept of appropriate nursing care to the patients suffering from disorders of endocrine system, musculoskeletal system, urinary system, nervous system, integumentary system and eye & ear.	K2	Lecture & Group discussion	
1.3	Explain contemporary nursing practices based on knowledge and technological advances to promote patient centered care to patients with endocrine, urinary, musculoskeletal, nervous, integumentary, eye & ear disorders.	K3	Lecture & Group discussion	
<b>2</b>	<b>Skills</b>			
2.1	Demonstrate commitment to provide safe and evidenced based nursing care to patient in a variety of settings	S1	Simulation of clinical scenarios	Lab performance test
2.2	Perform essential and advanced nursing practices skillfully to clients with endocrine, urinary, musculoskeletal, nervous, integumentary, eye and ear disorders.	S2	Simulation of clinical scenarios	
2.3	Integrate technology and information systems skills in healthcare practices effectively among clients with endocrine, urinary, musculoskeletal, nervous, integumentary, eye and ear disorders.	S3	Simulation of clinical scenarios	
2.4	Communicate effectively in written and spoken English as well as the Arabic language with patients, their families, colleagues and other professionals while performing duty in hospital.	S4	Simulation of clinical scenarios	
2.5	Solve problems arising in nursing practice critically, creatively and innovatively for effective decision-making.	S5	Simulation of clinical scenarios	
<b>3</b>	<b>Values</b>			
3.1	Demonstrate professional attitudes and social responsibility in healthcare ethically according to Islamic principles to the clients suffering from endocrine, urinary, musculoskeletal, nervous, immune, integumentary, eye and ear disorders.	V1	Simulation of clinical scenarios	Lab performance test
3.2	Illustrate the capacity for self-reflection, inter – professional collaboration, leadership and life-long professional development.	V2	Simulation of clinical scenarios	

## C. Course Content

No.	List of Topics	Contact Hours
1	<p>ENDOCRINE DISORDER:</p> <p>Assessment &amp; diagnostic test of thyroid gland.</p> <p>Management of patient's with following conditions-</p> <p>Hyperthyroidism &amp; care of patient undergoing thyroidectomy.</p> <p>Hypothyroidism</p>	3
2	<p>Hyperparathyroidism</p> <p>Hyperparathyroidism</p> <p>Hyperpituitarism</p> <p>Hypopituitarism</p> <p>Diabetes Mellitus &amp; Diabetes Insipidus</p>	3
3	<p>URINARY SYSTEM DISORDERS</p> <p>Assessment and diagnostic evaluation</p> <p>Upper urinary tract infection</p> <p>Renal failure</p> <p>Urolithiasis</p> <p>Nephrosclerosis</p> <p>Hydronephrosis</p> <p>Urethritis</p> <p>Dialysis</p> <p>Renal transplant.</p>	3
4	<p>Musculoskeletal system:</p> <p>Physiologic overview</p> <p>Assessment and diagnostic evaluation</p> <p>Management of the patient with, orthopedic surgeries</p> <p>Management of the patient with musculoskeletal trauma: fractures and amputation</p>	3
5	<p>Management of the patient with musculoskeletal disorders cont'd:</p> <p>Common problems</p> <p>Low back pain</p> <p>Metabolic bone disorders</p> <p>Muscle skeletal infections</p>	3
6	<p>Nervous system disorders:</p> <p>Assessment and diagnostic evaluation</p> <p>Management of the patient with neurological dysfunction:</p> <p>Increased intracranial pressure</p> <p>The unconscious patient</p>	3
7	<p>Managing the patient with neurological disorders:</p> <p>Headaches</p> <p>Multiple sclerosis</p> <p>Parkinson's disease</p> <p>Alzheimer's disease</p> <p>Myasthenia Gravis</p> <p>Seizure disorder</p> <p>The quadriplegic or paraplegic patient.</p>	3

8	IMMUNE SYSTEM- Managing the patient with- Acquired immune deficiency syndrome Allergic reaction/hypersensitivity reaction Rheumatoid arthritis Systemic lupus erythematosus	3
9	INTEGUMENTARY SYSTEM DISORDERS : Assessment & diagnostic evaluation of skin disorders Burn injury & its management Pruritus Bacterial infections Fungal infection Psoriasis	3
10	DISORDERS OF EYE Assessment & diagnostic evaluation of eye disorders Eye Infections Glaucoma Cataracts	3
11	DISORDERS OF EAR Otitis Externs Otitis Media Furuncle of ear Meniere disease	3
12	Revision	3
13	Final Practical Exam	3
14	Final Theoretical Exam	3
Total		14

## D. Student Assessment Activities

Code	Assessment Activities	Assessment Timings (Week number)	Percentage of Total Assessment Score
1	Knowledge & Understanding		
	Continuous evaluation (40%)		
1	Student Discipline and Behavior		5%
2	Midterm exam(Theory)	8th & 9th	20%
3	•Practical assessment (Assignment& Clinical training)	4th - 9th	15%
4	Final Practical Exam	11th	20%
5	Final Theoretical Exam	12th	40%
Total			100%

## E. Learning Resources & Facilities

### 1. References and Learning Resources

Essential References	<ol style="list-style-type: none"> <li>1. Janice L.Hinkle, Kerry H. Cheever &amp; Kristen Overbaugh (2022), Brunner and Suddarth's Textbook of Medical Surgical Nursing, 15th ed, Philadelphia: Baltimore, NewYork, London.</li> <li>2. Lewis.S.,Dirksen.S,Heit kemper.M &amp; bucher.L (2017),Medical Surgical Nursing: assessment and management of clinical problems,10th ed, St.Louis:Elsevier,Mosby</li> <li>3. Sandra M Nettina (2018), Lippincott Manual of Nursing, 11th ed, Williams and Wilkins.</li> <li>4.Berman.A and Snyder.S ( 2016),kozier &amp; Erb's fundamentals of Nursing:concepts,Process and practice,10th ed,upper saddle river,pearson education</li> <li>5. Perry A and potter p (2017), Clinical Nursing skills &amp; Techniques, 9th ed, St.Louis Mosby</li> </ol>
Supportive References	<ol style="list-style-type: none"> <li>1. American nursing journal</li> <li>2. Canadian nursing journal</li> <li>3. Indian nursing journal</li> <li>4. Journal of advanced nursing-Wiley online library</li> </ol>
Electronic References	<ol style="list-style-type: none"> <li>1. Journal of advanced nursing-Wiley online library url:<a href="https://onlinelibrary.wiley.com/page/journal">https://onlinelibrary.wiley.com/page/journal</a></li> <li>2. International journal of science and research url:<a href="http://www.ijsr.net">www.ijsr.net</a></li> <li>3. Nursing Times url:<a href="https://www.nursingtimes.net">https://www.nursingtimes.net</a></li> <li>4. Online journals in nursing-Bioaccent url:<a href="https://bioaccent.org/medical-nursing">https://bioaccent.org/medical-nursing</a></li> </ol>
Other Learning Materials	

## 2. Required Facilities and Equipments

Items	Resources
<b>Facilities</b> (Classrooms, laboratories, exhibition / simulation rooms, etc.)	<ul style="list-style-type: none"> <li>•Lecture rooms= 60 students</li> <li>•Nursing lab to practice Advance Nursing Procedure.</li> <li>•Clinical setting with training centre that implement Therapeutic milieu.</li> <li>•Institutional settings : Medical Ward ,Surgical Ward, Orthopedic Ward, Neurological and Neurosurgical Ward, Dialysis Unit, Urology ward, Kidney transplant unit, Burn unit, Dermatology unit, Eye Ward, E.N.T. Ward and Emergency Unit.</li> </ul> High-speed internet
<b>Technology / Equipment</b> (projector, smart board, software)	Projector White board Audio visual aids Internet membership in web based Medical Surgical nursing
<b>Other Equipments</b> (Depending on the type of Speciality)	A. Video recording apparatus and facility. B. Magnetic teaching board. C. PowerPoint/ transparency projector. D. Teaching lab dolls and equipments relevant to nursing procedure included in course. E. Manicunnes for various nursing procedures.

## F. Assessment of Course Quality

Code	Assessment Areas / Issues	Assessor	Assessment Methods
1	Effectiveness of teaching	Students	Course report, Students' teaching evaluation, Surveys, Continuing feedback
2	Effectiveness of Students Assessments	Instructor	Course report, CLOs evaluation survey, Continuing feedback from students.
3	Quality of Learning Resources	Quality Assurance Unit	Student Satisfaction Survey, Continuing feedback from students,
4	The extent to which CLOs have been achieved	Instructor	Course report, CLOs evaluation survey, Continuing feedback from students.

## G. Course Specifications Approval

Council / Committee	NURSING COUNCIL DEPARTMENT
Reference Number	NUR2508
Date:	15/1/2025