



# Course Specification

## (Bachelor)

Course Title: **Fundamental of Nursing 2**

Course Code: **222NUR-6**

Program: **Nursing**

Department: **Nursing**

College: **College of Nursing and Health Sciences**

Institution: **Jazan University**

Version: **2024-2025**

Last Revision Date: **23-Dec-24**



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## A. General information about the course:

### 1. Course Identification

#### 1. Credit hours:

6 credits (3 theory + 6 practical)

#### 2. Course type

- A. ☐ University ☐ College ☐ Department ☐ Track ☒ Others
- B. ☒ Required ☐ Elective

#### 3. Level/year at which this course is offered: (4<sup>th</sup> level / 2<sup>nd</sup> year)

#### 4. Course General Description:

This course provides the beginning nursing students with theoretical base of knowledge and essential skills required for developing clinical competencies necessary to meet the needs of individuals throughout the lifespan in a safe, legal, and ethical manner. It aims to introduce the basic concepts and theories and as well as to build competency in performing basic nursing skills.

#### 5. Pre-requirements for this course (if any):

221NUR-6 (Fundamentals of Nursing I)

#### 6. Co-requisites for this course (if any):

None

#### 7. Course Main Objective(s):

At the end of this course, the students will:

1. Determine the basic concepts of growth and development.
2. Discuss common concepts in promoting health in adult and older adult.
3. Discuss principles of wound care and skin integrity.
4. Identify the essential guides for proper nutrition and its variations throughout the life cycle.
5. Interpret the skills of alterations in urinary elimination.
6. Practice of wound care.
7. Practice of Parenteral drug administration
8. Discuss the respiratory regulation with its alteration and factors affecting it
9. Explain the regulation, distribution and disturbance of fluids and electrolytes in the body.



10.E xplain the first aid measures of common and life-threatening conditions.  
11.D iscuss how individual cope related to loss, grieving and death.

## 2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	(15* 3) + (15 * 6)	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> <li>Traditional classroom</li> <li>E-learning</li> </ul>		
4	Distance learning		

## 3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	15* 3= 45
2.	Laboratory/Studio	15 * 6= 90
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		135

## B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with the program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Demonstrate the broad understanding of principal theories, health related concepts and terminologies that will help in caring the patients with fluid, electrolyte and acid	K1	Traditional lectures, Lecture & Group discussion	Mid-term exam - Final written exam



Code	Course Learning Outcomes	Code of PLOs aligned with the program	Teaching Strategies	Assessment Methods
	base imbalances, nutritional deficiencies, geriatric health issues, urinary and fecal elimination problems, impaired skin integrity etc.			
1.2	State the principles and concepts of appropriate nursing care that are tailored to these patients addressing biological, physical, psychological and other influencing factors.	K2	Lecture & Group discussion	Mid-term exam - Final written exam
1.3	Identify patient-specific parameters relevant in initiating drug therapy, and monitoring patients progression related to different therapy modalities used for patient- centered care	K3	Lecture & Group discussion	Mid-term exam - Final written exam
2.0	<b>Skills</b>			
2.1	Uses reasoning skills for prioritizing actions while performing essential and advanced nursing practices.	S1	Demonstration in lab  Re-demonstration. Simulation lab.	Practical exam
2.2	Demonstrate skills to perform nursing procedures arising in nursing practices	S2	Multimedia	Practical exam
2.3	Recognize therapeutic responses of patients in terms of laboratory indices and adverse effects	S3	Lectures	Written exams





Code	Course Learning Outcomes	Code of PLOs aligned with the program	Teaching Strategies	Assessment Methods
2.4	Use communication skills while caring for patients and working team	S4	Role play.	Participation
2.5	Use communication skills while caring for patients and working team	S5	Problem-based learning.	Participation
3.0	Values, autonomy, and responsibility			
3.1	Demonstrate professional attitudes and responsibilities in healthcare and ability to evaluate patient information to make decisions regarding the nursing care of the patient	V1	Individual or Group assignments	Participation, role play or assignments
3.2	Practice team work and leadership skills for professional development.	V2	Lecture, Tutorial, In Lab, practical exercises	Participation, role play or assignments
...				

### C. Course Content

No	List of Topics	Contact Hours
1.	Concepts of growth and development Practical: Revision of Nursing process	3 6
2.	Introduction of Fluid, electrolyte and acid base-balance Practical: Intake and Output Calculations	6 12
3.	Oxygenation Practical: Oxygen therapy & Airway Suctioning	3 6
4.	Promoting health in adult and elders Practical: Parenteral drug administration	3 6
5.	Skin integrity and wound care Practical: Wound care	3 6
6.	Nutrition Practical: Nasogastric tube insertion & removal	3 6





7.	Urinary elimination& Fecal elimination Practical: Urinary catheterization insertion male and female: Enema	3 6
8.	Introduction to perioperative nursing Practical: restraints	6 12
9.	First aid Practical: Choking , Bandaging	6 12
10.	Coping with loss, grieving and death Practical: Post mortuom care	6 12
11.	Revision	3 6
Total		135

#### D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Student Discipline and Behavior	Continuous	5%
2.	Practical Assessment	Continuous	15%
3.	Midterm Theory	8 <sup>th</sup> or 9 <sup>th</sup> week	20%
4.	Final Practical	17 <sup>th</sup> or 18 <sup>th</sup> week	20%
5.	Final Theory	19 <sup>th</sup> or 20 <sup>th</sup> week	40%
Total			100%

\*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

#### E. Learning Resources and Facilities

##### 1. References and Learning Resources

Essential References	Kozier & Erb's Fundamentals of Nursing: Concept, Process, and Practice (11th Ed.). Prentice Hall: New jersey.
Supportive References	- Herdman, T. H., Kamitsuru, S., & Lopes, C. T. . (2021). NANDA International nursing diagnoses: Definitions and classification, 2021–2023. Thieme. - McEwan, M., & Wills, E. M. (2021). Theoretical basis for nursing. Lippincott Williams & Wilkins.
Electronic Materials	
Other Learning Materials	

##### 2. Required Facilities and equipment





Items	Resources
<b>facilities</b> (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Classrooms Nursing lab Simulation lab
<b>Technology equipment</b> (projector, smart board, software)	Smart board Blackboard High-speed internet SDL (Saudi Digital Library)
<b>Other equipment</b> (depending on the nature of the specialty)	Wheelchair

## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Student's	Students' Teaching Evaluation, Questionnaire, Continuing feedback from Students
Effectiveness of Students assessment	Instructor	Course report CLO Evaluation survey Continuing feedback from students
Quality of learning resources	Quality Assurance Unit	Student Satisfaction Survey
The extent to which CLOs have been achieved	Faculty member	Indirect
Other		

**Assessors** (Students, Faculty, Program Leaders, Peer Reviewers, Others (specify))

**Assessment Methods** (Direct, Indirect)

## G. Specification Approval

<b>COUNCIL /COMMITTEE</b>	Nursing Department Council
<b>REFERENCE NO.</b>	NUR 2508
<b>DATE</b>	Jan 15, 2025

