### **Curriculum Vitae**



Name: Anwar Balla Eltom Ali

Date & Place of birth: Sudan, 1/1/1978

Marital status: Married

**Languages:** Arabic (mother tongue) English (second language)

**Religion:** Muslim

Mobile Phone number: 051499314

**E-mail:** nonabala366@gmail.com

### **Educational Details:**

-B.Sc. Nursing, The National Ribat University – Faculty of nursing Science 27/04/2006

University of Khartoum – Faculty of nursing sciences, Masters of Medical Surgical Nursing 16/05/2011

# **Training courses:**

- Training course in nursing skills ministry of health center
- An introduction to critical care soba university hospital
- Administration skills in nursing ministry of health center

# **Experience:**

- ➤ Teacher in Faculty of Nursing academy in kasala 2007
- Khartoum Dermatology teaching hospital from 2006
- Faculty of Science & Arts in Farasan, Department of Nursing from 2014continue

## **Conference & Workshops attended:**

- ✓ 8<sup>th</sup> Scientific Student Forum held at Jazan University, 2017
- ✓ 'First International Conference on Sustainability of Natural Resources:

  Sustainable Solid Waste Management' organized by College of
  Engineering, Qasim University, KSA, 5-6 November, 2019.
- ✓ 10<sup>th</sup> Scientific Forum held at Jazan University, 2019
- ✓ Osteoporosis 2020
- ✓ Covid-19 How to manage 2020
- ✓ Back cautiously 2021
- ✓ Civil Defense 2021
- ✓ Corruptions and politics 2022
- ✓ Microteaching 2022
- ✓ National Day Celebration 2022
- ✓ Community service Old Age care 2022
- ✓ Importance of Artificial Intelligence in Education 2022
- ✓ Course Report & Annual Program Report 2022
- ✓ Farasan University college celebrates the joining of the Farasan Island to the Man and Biosphere Program 2022
- ✓ Awareness of SCD among nursing undergraduates in Farasan 2023

# Responsibilities of the Department/Contributions to the Departmental Activities

S. Nos.	Details
1.	Coordinator Department of Nursing (2015-2016)
2.	Head of Scientific Research (2016-2019)
3.	Head of Standard 1 (2016-2021)
4.	Member of Scientific Research Committee (2020-2022)
5.	Member of Laboratory Committee, Nursing Department (2017-2018)
6.	Member of Academic guidance and Academic for students (2017-continue)
7.	Head of Moadala Committee (2016-continue)
8.	Head of Training Unit (2018-continue)
9.	Head of Activity Unit for Student (2022-continue)
10	Member of Standard 1 (2022-continue)

### **Community Services Done:**

- Actively participated in Community service session by delivering lectures on Health & Hygiene
- Measured various health parameters using latest medical equipment
- Participated in Health awareness programme
- Participated in Alzheimer's disease prevention and management
- ➤ Participated in Aid talk 2021
- Participated in Diabetes day 2021, 2022.

### **Hobbies:**

➤ Internet browsing

- ➤ The public reading of newspapers, books & periodicals
- Community service

# **Other Skills:**

- ➤ The ability to deal with different people
- ➤ Ability to work under pressure
- And the ability to bear the additional burden of work

### RESEARCH

https://scholar.google.com/citations?hl=ar&pli=1&user=nmp\_o2gAAAAJ

Topic	Name of Journal	Year
Effects of Massage on Self-regulatory Difficulties, Tactile and Oral Abnormalities, and Parenting Stressin Children with Autism Spectrum Disorder (ASD): ASystematic Review and Meta-analysis, doi: 10.3822/ijtmb.v17i4.1079.	Int J Ther Massage Bodywork	2024 Dec 12;17(4):4- 19.
The Prevalence of Mycobacterium Tuberculosis Infection in Saudi Arabia: A Systematic Review andMeta-analysis  DOI: 10.1007/s44197-024-00274-w	J Epidemiol Glob Health	2024 Sep;14(3):658- 676.doi: 10.1007/s44197-024- 00274-w. Epub 2024 Jul 24.
Efficacy of Massage on Pain Intensity in Post-Cesarean Women: a Systematic Review and Meta-Analysis	Int J Ther Massage Bodywork.	2023 Sep 1;16(3):44–63. doi: 10.3822/ijtmb.v16i3.86 1 PMCID: PMC10442221 PMID:

		37662631
Efficacy of warm compresses in preserving perinealintegrity and decreasing pain during normal labor:	Afr J Reprod Health	Meta-Analysis . 2023 Apr;27(4):96- 123.
Asystematic review and meta- Analysis DOI: 10.29063/ajrh2023/v27i4.11		
Nursing Students' Knowledge and Attitudes towardDanger Signs in	Medicina (Kaunas	2023 Nov
Neonatal Illnesses  DOI: 10.3390/medicina59111939		1;59(11):1939.