



Course Specification

(Bachelor)

Course Title: Geriatric Nursing

Course Code: 456NUR-2

Program: Bachelor In Nursing

Department: Nursing

College: College of Nursing

Institution: Jazan University

Version: 2026

Last Revision Date: June 2025

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A. General information about the course:

1. Course Identification

1. Credit hours: (...2.....)

2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (11th level/4th Year)

4. Course general Description:

This course begins with an overview of the aging population and age-related disorders and is integrated into the fundamentals of nursing and social sciences. The adjustment of the geriatric to degenerative changes, nursing home placement, and alternatives to placement in long-term care facilities are discussed. Concepts relevant to pathophysiology, nutrition, pharmacology, psychosocial development, and ethical/legal responsibilities are emphasized. This course is designed to correlate theory and clinical practice in providing care to the geriatric population. Community agencies available to the geriatric are included for discussion.

5. Pre-requirements for this course (if any): 455NUR-5 (Community Health Nursing)

6. Co-requisites for this course (if any): None

7. Course Main Objective(s):

At the end of this course, the students will:

- 1 Demonstrate knowledge of the psychosocial and physiological changes in the aging process and the nursing actions that can assist the elderly client to adjust to these changes safely.
- 2 Interview a client and write a psychosocial history for that person in the clinical area.
- 3 Recognize the myths surrounding aging and older adults in society.
- 4 Explain the demographic and socio-cultural influences affecting the elderly population.
- 5 Assess the Mental Health of older adults and Cognitive Impairment
- 6 Identify the common health needs of elderly persons.
- 7 Identify health promotion requirements for older adults.
- 8 Recognize the Sexuality of Aging & End-of-Life Care
- 9 Discuss the health assessment of older adults and Identify Communicating with older
- 10 Recognize the role of the community health nurse in working with the elderly client in the community, with emphasis on the level of prevention family, and community health.





2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	(2 x15) = 30	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> Traditional classroom E-learning 		
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	15 x 2= 30
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Describe the geriatric health nursing terminology, concepts, and theories	K1	1.Lectures	Direct:
	Recognize the principles and concepts pertain to the geriatric population based on physical and psychological changes	K2	2.Open discussion	Theory written exam
1.2			3. Assignments.	1. MCQs.
			4.Pre class learning	2. Short answer question.
			5. Problem-Based Learning	3. Long answer questions
1.3	Explain etiology, clinical manifestations, management strategies of different disorders affecting geriatric clients and to plan, implement patient centered	K3	6. Learning Data presentation.	4. Quizzes
			7. Blackboard discussion	5. Matching
				6. Periodic





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	nursing care based on the priority.			Examination Indirect: 1. Course evaluation survey 2. ILO
2.0	Skills			
2.1	Utilize evidence-based nursing approaches to maintain and promote geriatric health	S1	1.Seminars (assignments & presentation) 2.Role-plays and Brainstorming 3.Questioning 4.Problem-solving 5.Collaborative learning 6. Lectures. 7.Small group discussion.	Direct: Theory written exam 1. MCQs. 2. Short answer question. 3. Long answer questions 4. Quizzes 5. Matching 6. Periodic Examination Direct: 1.Course evaluation survey 2. ILO
2.2	Apply basic and advanced skills in the geriatric assessment to diagnose health related problems	S2		
2.3	Use technology and information system skills in communication related to geriatric nursing field	S3		
2.4	Use therapeutic communication skills while delivering nursing care to geriatric clients.	S4		
2.5	Practice critical thinking and decision-making skills to identify the problems and initiate appropriate nursing interventions for life threatening geriatric problems	S5		
3.0	Values, autonomy, and responsibility			
3.1	Comply with professional and academic values, standards, and ethical code of conduct for nursing practice in geriatric population	V1	1. Interaction of students in the class with the teacher during solving problems. 2. Small group discussion.	Direct: Theory written exam 1. MCQs. 2. Short answer question. 3. Long answer questions 4. Quizzes 5. Matching 6. Periodic Examination Direct: 1.Course evaluation survey
3.2	Display teamwork, management, and leadership skills for professional development	V2		



Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
				2. ILO

C. Course Content

No	List of Topics	Contact Hours
1.	Syllabus & Overview of Nursing Gerontology	T=2
2.	Aging process & theories of aging.	T=2
3.	Normal changes of aging process.	T=2
4.	Normal changes of aging process.	T=2
5.	Common health disorders	T=2
6.	Common health disorders	T=2
7.	Mental Health of older adult	T=2
8.	Cognitive Impairment	T=2
9.	Health Promotion	T=2
10.	Health assessment of older adult	T=2
11.	Communicating with older	T=2
12.	Medications and older Adults	T=2
13.	Sexuality and Aging & End-of-Life Care	T=2
14.	Sexuality and Aging & End-of-Life Care	T=2
15.	Review	T=2
16& 17	Final Exam	
Total		30 hours

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Student Discipline and Behaviour	All weeks	5%
2.	Assessment	4 – 9 th	15%
3.	Midterm Theory exam	8 th	30%
4.	Final theory exam	15 th to 16 th	50%
	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).



E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	<ul style="list-style-type: none"> Touhy, T. A., & Jett, K. F. (2021). <i>Ebersole and Hess' Gerontological Nursing & Healthy Aging-E-Book: Ebersole and Hess' Gerontological Nursing & Healthy Aging-E-Book</i>. Elsevier Health Sciences. Eliopoulos, C. (2018). <i>Gerontological nursing</i>. (9thed.) Lippincott Williams & Wilkins. Ebersole and Hess' <i>Gerontological Nursing & Healthy Aging</i>, 4e 4th (sixth) Edition by Touhy DNP CNS DPNAP, Theris A., Jett PhD GNP-BC, Kathleen published by Mosby Mauk, K.L. (2018). <i>Gerontological nursing: Competencies for care</i>. (4thed.). Jones & Bartlett Publishers. Boltz, M., Capezuti, E., Zwicker, D., & Fulmer, T. T. (Eds.). (2020). <i>Evidence-based geriatric nursing protocols for best practice</i>. Springer Publishing Company. Carnevali D. Pattich M. <i>Nursing management of the elderly</i>. 3rd. ed, 2000; Philadelphia: Lippincott Williams, P. A. (2015). <i>Basic geriatric nursing</i>. Elsevier Health Sciences. 6nd edition.
Supportive References	<ul style="list-style-type: none"> Touhy, T.A. & Jett, K.F. (2018). <i>Ebersole and Hess' gerontological nursing and health aging</i>. (5thed.). C.V. Mosby Co. Miller, C. (2015). <i>Nursing for wellness in older adults</i>. (7thed.) Lippincott – Raven Publishers. Williams, P.A. (2015). <i>Basic geriatric nursing – e book</i>. (6thed.) Mosby.
Electronic Materials	<ul style="list-style-type: none"> JH Flaherty - The Journals of Gerontology Series A: Biological ..., 2002 - academic.oup.com https://www.termedia.pl/Journal/Archives_of_Medical_Science_Aging-112 https://onlinelibrary.wiley.com/journal/24750360 Aging and diseases. https://www.ncbi.nlm.nih.gov/pmc/journals/1732/
Other Learning Materials	<ul style="list-style-type: none"> Touhy, T. A., & Jett, K. F. (2021). <i>Ebersole and Hess' Gerontological Nursing & Healthy Aging-E-Book: Ebersole and Hess' Gerontological Nursing & Healthy Aging-E-Book</i>. Elsevier Health Sciences. Eliopoulos, C. (2018). <i>Gerontological nursing</i>. (9thed.) Lippincott Williams & Wilkins. Ebersole and Hess' <i>Gerontological Nursing & Healthy Aging</i>, 4e 4th (sixth) Edition by Touhy DNP CNS DPNAP, Theris A., Jett PhD GNP-BC, Kathleen published by Mosby Mauk, K.L. (2018). <i>Gerontological nursing: Competencies for care</i>. (4thed.). Jones & Bartlett Publishers. Boltz, M., Capezuti, E., Zwicker, D., & Fulmer, T. T. (Eds.). (2020).

Evidence-based geriatric nursing protocols for best practice. Springer Publishing Company.

- Carnevali D. Pattich M. Nursing management of the elderly. 3rd. ed, 2000; Philadelphia: Lippincott

Williams, P. A. (2015). *Basic geriatric nursing*. Elsevier Health Sciences. 6nd edition.

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Lecture rooms
Technology equipment (projector, smart board, software)	Projector, smart board, software
Other equipment (depending on the nature of the specialty)	Properly equipped library for textbooks and other reference materials.

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	Course Report Students' teaching evaluation questionnaire. Continuing feedback from students during the semester.
Effectiveness of Students assessment	Instructor	Course report CLO Evaluation survey Continuing feedback from students during the semester.
Quality of learning resources	Quality Assurance Unit	Students Satisfaction Survey Continuing feedback from students during the semester.
The extent to which CLOs have been achieved	Instructor	Course report CLO Evaluation survey Continuing feedback from students during the semester.
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	PLANS AND CORRICULUM COMMITTEE-COLLEGE OF NURSING
REFERENCE NO.	
DATE	

