



Course Specification

— (Bachelor)

Course Title: **Community Health Nursing**

Course Code: **455NUR-5**

Program: **Nursing**

Department: **Nursing**

College: **College of Nursing and Health Sciences**

Institution: **Jazan University**

Version: **2025**

Last Revision Date: **June 2024**



Table of Contents

A. General information about the course:	3
B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	5
C. Course Content	6
D. Students Assessment Activities	8
E. Learning Resources and Facilities	8
F. Assessment of Course Quality	9
G. Specification Approval	9



A. General information about the course:

1. Course Identification

1. Credit hours: (5 (3 Theory + 2 Practical)

2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (7th Level/4th Year)

4. Course general Description:

This course is required for all undergraduate fourth year nursing students. It introduces the student to theoretical and practical concepts of community health nursing. The course prepares students to be able to participate in all public health care services provided in the Saudi community for all age groups as an individual, family, groups, or community. Students will use all available community health resources to accomplish the goals of primary care. Through this course, students will integrate all their previous nursing knowledge and skills in addition to public health knowledge in order to address the nature of the health problems that they may encounter. Clinical exposure of the student is provided through health care centers, schools, and community centers.

5. Pre-requirements for this course (if any):

352-NUR-6
353-NUR-6

6. Co-requisites for this course (if any):

None

7. Course Main Objective(s):

At the end of the course, the students will:

1. Comprehend the concepts of Community Health Nursing.
2. Apply the principles of assessment in Community Health Nursing.
3. Identify the elements of Primary Health Care.
4. Participate in School Health Program.

5. Develop a concerned relationship with environmental health and safety measures.
6. Discuss physiological changes occurs in older people and their needs.
7. Assess the needs of patient with chronic diseases.
8. Differentiate the different occupational health problems and hazards.
9. Identify requirements for effective counseling.
10. Differentiate between types of outreaches programs
11. Prepare a community – oriented nurses capable of implementing preventive and control measures for communicable diseases on the individual, family, and community levels and within the primary health care settings following WHO policies and protocols.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	$(3 \times 15) + (4 \times 15) = 105$	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> Traditional classroom E-learning 		
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	$15 \times 3 = 45$
2.	Laboratory/Studio	$15 \times 4 = 60$
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		105 hour/semester

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Demonstrate scientific knowledge to articulate theories, concepts, principles, and skills related to community health nursing.	K1	1. Lectures. 2. Open discussion and learning instructions. 3. Assignments. 4. Case study 5. Problem-Based Learning 6. Student activities. 7. Data presentation. 8. E-Videos etc.	Direct: 1. MCQs. 2. Short answer question. 3. Long answer questions 4. Quizzes 5. Matching 6. Periodic Examination 7. Case studies 8. Nursing Care Plans 9. Individual and group requirements Indirect: 1. Course evaluation survey 2. ILO
1.2	Understand the principles and concepts of community health nursing that are tailored to diverse population.	K3		
1.3	Explain contemporary community nursing practices to promote patient-centered care.	K2		
2.0	Skills			
2.1	Demonstrate commitment to provide safe and evidenced based nursing care in community settings.	S1	1. Recalling or remembering something in between the classroom teaching. 2. Case studies and presentations 3. Role-plays and Brainstorming 4. Questioning 5. Problem-solving 6. Simulation	Direct: 1. MCQs. 2. Short answer question. 3. Long answer questions 4. Quizzes 5. Matching 6. Periodic Examination 7. Case studies 8. Nursing Care Plans 9. Individual and group requirements Indirect: 1. Course evaluation survey 2. ILO
2.2	Perform essential and advanced community nursing practices skillfully.	S2		
2.3	Integrate technology and information systems skills in community care practices effectively.	S3		
2.4	Communicate effectively with patients, their families, colleagues, and other professionals.	S4		
2.5	Solve problems arising in community nursing practices	S5		



Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
	innovatively for effective decision making.		7. Problem-based learning. 8. Lectures. 9. E-Videos. 10. Small group discussion.	
3.0	Values, autonomy, and responsibility			
3.1	Demonstrate professional attitudes and responsibilities in community nursing settings.	V1	1. Interaction of students in the class with the teacher during solving problems.	Direct: 1. MCQs. 2. Short answer question. 3. Long answer questions 4. Quizzes 5. Matching 6. Periodic Examination 7. Case studies 8. Nursing Care Plans 9. Individual and group requirements Indirect: 1. Course evaluation survey 2. ILO
3.2	Display teamwork and collaboration with the multidisciplinary team when providing therapeutic interventions	V2	2. Actual clinical experience 3. Simulations 4. Role playing 5. Video clips. 6. Small group discussion. 7. Demonstration	

C. Course Content

No	List of Topics	Contact Hours
1.	Theory: 1.1 Course Orientation, syllabus and specification clarification Practical: Orientation about clinical areas and requirement in each area.	T= 3 P= 4
2.	Theory: 2.1. Introduction to Community Health Nursing Practical: Review of vital sign procedure (TPR & BP: Non digital instrument)	T= 3 P= 4
3.	Theory: 3.1. Community as a client Practical:	T= 3 P= 4





	Measuring height and weight for all age group Community Health Nursing Process	
4.	Theory: 4.1 Settings for Community Health Nursing (Primary Health Care - Home visits, and Occupational Health) Practical: Medication administration (I.M, I.V, I.D, S.C Injection and, Routine).	T= 3 P= 4
5.	Theory: 5.1 (Cont.,) Settings for Community Health Nursing (Primary Health Care - Home visits, and Occupational Health) Practical: Geriatric assessment	T= 3 P= 4
6.	Theory: 6.1. The Family as Client & Violence Practical: Assistive Device	T= 3 P= 4
7.	Theory: 7.1. Community Health Education Practical: Wound Care and Wound Suturing	T= 3 P= 4
8.	Theory: Week 6 8.1. School-Age children and adolescent & School Health Nursing Practical: Immunization	T= 3 P= 4
9.	Theory: 9.1. Client with disabilities & Chronic illness Practical: First Aid	T= 3 P= 4
10.	Theory: 10.1. Health promotion and risk reduction Practical: Clinical training exposure.	T= 3 P= 4
11.	Theory: 11.1 Disasters management in the community Practical: Clinical training exposure.	T= 3 P= 4
12.	Theory: 12.1 Environmental Health and Safety Practical: Clinical training exposure.	T= 3 P= 4
13.	Theory: 12.1 Environmental Health and Safety Practical: Clinical training exposure.	T= 3 P= 4
14.	Theory:	T= 3





	Class discussion Practical: Clinical training exposure.	P= 4
14.	Theory: Review Practical: Clinical training exposure.	T= 3 P= 4
15.	Practical Exam	
16.	Final Theory Exams	
Total		105

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous evaluation (40%)		
	• Midterm theory	8-9 th	20%
	• Practical Assignment	All weeks	5%
	• Hospital Assessments	4 - 6 th	10%
	Attendance & Participation	All weeks	5%
2.	Final practical	13 th to 14 th	20
3.	Final theory	15 th to 16 th	40
4.	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	1. Rector, C., & Stanley, M. J. (2020). Community and Public Health Nursing. Lippincott Williams & Wilkins.
Supportive References	2. Nies, M. A., & McEwen, M. (2018). Community/public health nursing-E-book: promoting the health of populations. Elsevier Health Sciences. 3. Celentano, D. & Moyses, S. (2019). Gordis Epidemiology. Elsevier.
Electronic Materials	• International Journal of Nursing Studies • Journal of Community Health Nursing • International Journal of Nursing Knowledge
Other Learning Materials	• Medicare website • Digital Saudi Library



- EBSCO website
- [Web of Science® - ISI](#) website

2. Required Facilities and equipment

Items	Resources
Facilities (Classrooms, Laboratories, Exhibition rooms, Simulation rooms, etc.)	<ul style="list-style-type: none"> • Lecture rooms (for 30 students per semester) • Community Health Nursing Laboratory
Technology equipment (Projector, Smart board, Software)	Smart Board with ICT software and internet connection in the classrooms; audio speakers for voice amplification and audio streaming; lapel and handheld microphones for teacher and students
Other equipment (Depending on the nature of the specialty)	Library, CHN Textbooks and learning resources, basic laboratory, Lab demonstrators

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of Teaching	Students	<ul style="list-style-type: none"> • Course Report • Students' Teaching Evaluation Questionnaire. • Continuing feedback from students during the semester.
Effectiveness of student's assessment	Instructor	<ul style="list-style-type: none"> • Course report • CLO Evaluation survey • Continuing feedback from students during the semester.
Quality of learning resources	Quality Assurance Unit	<ul style="list-style-type: none"> • Students Satisfaction Survey • Continuing feedback from students during the semester.
The extent to which CLOs have been achieved	Instructor	<ul style="list-style-type: none"> • Course report • CLO Evaluation survey • Continuing feedback from students during the semester.
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE





REFERENCE NO.

DATE

