

## PERSONAL INFORMATION

Name :Karthick Balasubramanian  
Sex :Male  
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Arabic-speak  
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## **EDUCATIONAL QUALIFICATION:**

**Master of Physiotherapy (MPT)** in Advanced PT in Neurology

**Graduated May 2011**

College: KMCH College of Physiotherapy,

University : The Tamilnadu DR.MGR Medical University, Tamilnadu, India.

Thesis :

Effect of motor imagery with conventional physical therapy in improving upper extremity functions in patients with stroke-An Experimental study

**Bachelor of Physiotherapy(BPT)**

**Graduated Sep 2008**

College : PSG College of Physiotherapy,

University : The Tamilnadu DR.MGR Medical University, Tamilnadu, India.

Thesis :

Effectiveness of static stretching versus PNF stretching (contract-relax) in increasing extensibility of plantar flexors in young athletes-A comparative study

## **EXPERIENCE:**

**Jazan University, Jazan, KSA**

**March 2016 to till date**

Designation : Lecturer– Physical Therapy.

Courses handling : Electrotherapy, Test and measurements, Therapeutic exercise, Neurology and its surgery, Neurology Physical Therapy.

Duties and Responsibilities :

- Conducting Lectures, Quizzes , Midterm and Final exams.
- Preparing Quizzes and exams.
- Conducting practical exams.
- Correction of exams and providing results.
- Providing course reports.
- Guiding student project.
- Accompanying students for clinical training in hospitals.
- Coordinating with fellow colleges of other campuses.
- Involved in course updating & modifications.
- Reporting to coordinators and HOD.

**Wadi Tarj General Hospital, Ministry of Health, KSA**

**Sept 2013 to Dec 2015**

Designation : HOD Physiotherapy Dept, Physiotherapy Specialist

Duties and Responsibilities :

- Assigning cases to fellow colleagues and supervising them.
- Communicating with referring doctors regarding patients condition, treatment and outcome
- Assessing and treating the patients with musculoskeletal pain, prescribing exercises and giving health education. Emphasizing on regular follow up and home exercise program .

**Coimbatore Child Trust Hospital, Coimbatore, India**

**June 2011 to June 2013**

Designation - Physiotherapist .

Duties and Responsibilities :

- Handling pediatric and adolescent cases like cerebral palsy, Down syndrome, developmental delay, Autism spectrum disorders and congenital malformations.
- Formulating and implementing rehabilitation programs for post-surgical cases like tendon release , deformity corrections etc,,,
- Assessed and treated adolescent cases like kyphosis, scoliosis ,leg length discrepancy etc,,,
- Handled clinical classes for the undergraduate and post graduate students
- Guiding post graduate students in sampling, data collection and followup

**PSG Hospitals, Intensive care, Coimbatore, India**

**Nov 2008 to Apr 2011**

Designation - Physiotherapist .

Duties and Responsibilities

- Assessing and planning treatment strategies for intensive care patients like stroke, TBI, spinal cord injury, Parkinsons disease, multiple sclerosis, motor neuron diseases and ventilator dependent cases of various causes.
- Planning the post operative management for cases like CABG, ASD,VSD, valve repair, lung surgeries and neuro surgeries.
- As a part of multi disciplinary team, involved in setting physiotherapy goals & communicating with other members of the team regarding patients status.

## **PROFESSIONAL MERITS**

- Topper and medalist in Advanced Neurology (Elective)
- Over all Second place in MPT 2<sup>nd</sup> year academics
- Over all Third place in MPT Degree course
- Distinction in BPT project work

## **PROFESSIONAL MEMBERSHIPS :**

- Life member in The Indian Association of Physiotherapists (IAP)  
Reg. No: L-37774
- Registered in Saudi Commission For Health Specialities  
Reg. No:14-B-A-0012284

## **Participation in conferences and seminars :**

- Lecture on **Knee** , Training center, Bisha Convalescence and Psychiatric Hospital, Bisha , KSA.
- National work shop **Vestibular Rehabilitation** Manipal college of allied health sciences, Manipal university, Karnataka, India.
- Workshop on comprehensive rehabilitation of persons with **Spinal Cord Injury**, Christian Medical College, Vellore, India.
- National level conference on **Neuro diagnostics and its Application in Therapeutics**, KMCH college of physiotherapy, Coimbatore, India.
- **PNF techniques and Neuro Developmental Therapy** in PSG College of Physiotherapy, Coimbatore, India.
- National work shop on **Motor control** in spinal and peripheral joint pain at Manipal college of allied health sciences, Manipal university, Karnataka, India.
- P.S.G College of physiotherapy, Coimbatore, India.
  - Community based rehabilitation.
  - Physiotherapy in Peripheral Vascular Disorders.
  - ICU Management and Chest X-Ray.
  - Pulmonary Function Test.
  - Pulmonary Rehabilitation.
- South India Physiotherapy Conference PHYSIOFEST-06 at Govt. College of physiotherapy, Chennai, India.

- National level ORTHO PHYSIO Conference at Richmond hospital, Coimbatore, India.
- All India Inter College Physiotherapy Conference SIRPAM-07 at SRM College of physiotherapy, SRM University, Chennai, India.
- Work shop on Therapeutic use of Swiss ball -A Practical approach at KG College of physiotherapy, Coimbatore, India.