



Course Specifications

Course Title:	HEALTH ASSESSMENT
Course Code:	223 NUR-3
Program:	BACHELOR OF SCIENCE IN NURSING
Department:	NURSING
College:	NURSING COLLEGE
Institution:	JAZAN UNIVERSITY

Table of Contents

A. Course Identification	3
6. Mode of Instruction (mark all that apply)	3
B. Course Objectives and Learning Outcomes	3
1. Course Description	3
2. Course Main Objective	4
3. Course Learning Outcomes	4
C. Course Content	4
D. Teaching and Assessment	7
1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods.....	7
2. Assessment Tasks for Students	7
E. Student Academic Counseling and Support.....	8
F. Learning Resources and Facilities	8
1. Learning Resources.....	8
2. Facilities Required	8
G. Course Quality Evaluation	9
H. Specification Approval Data	9

A. Course Identification

1. Credit hours:	3 Credit Hours (2hours Theory; 2hours Practical)		
2. Course type			
a.	University <input type="checkbox"/>	College <input type="checkbox"/>	Department <input type="checkbox"/>
b.	Required <input checked="" type="checkbox"/>	Elective <input type="checkbox"/>	Others <input type="checkbox"/>
3. Level/year at which this course is offered:	2 nd year 5th level		
4. Pre-requisites for this course (if any):	216-NUR-3 211-NUR -2		
5. Co-requisites for this course (if any):	none		

6. Mode of Instruction (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	2 hours x 12 weeks	50%
2	Blended		
3	E-learning		
4	Distance learning		
5	Other (Laboratory/Practical)	2 hours x 12 weeks	50%

7. Contact Hours (based on academic semester)

No	Activity	Contact Hours
1	Lecture	24 hours/semester
2	Laboratory/Studio	24 hours/semester
3	Tutorial	
4	Others (SELF STUDY TOPICS)	
	Total	48 hours/semester

B. Course Objectives and Learning Outcome

2 Course main objective

1. Identify the essential component of patient history.
2. Identify principles and methods of effective interviewing techniques to elicit subjective data.
3. Determine suitable techniques for examining body systems.
4. Identify normal physical findings and detect deviation from normal.
5. Analyze patient history and physical findings to be oriented with health problem.
6. Evaluate nursing interventions and pre-established priorities according to reassessment of needs or problems.
7. 7 Acquire, develop and demonstrate skills in performing the 4 fundamental techniques of health
8. Identify the essential component of patient history.
9. Identify principles and methods of effective interviewing techniques to elicit subjective data.
10. Determine suitable techniques for examining body systems.
11. Identify normal physical findings and detect deviation from normal.
12. Analyze patient history and physical findings to be oriented with health problem.
13. Evaluate nursing interventions and pre-established priorities according to reassessment of needs or problems.
14. Acquire, develop and demonstrate skills in performing the 4 fundamental techniques of health assessment using various health assessment tools.
15. (Inspection, Palpation, Percussion and Auscultation)

C. Course Content

WEEK	List of topics	Contact Hours (T+P)
1	I. Assessment of factors, which affect individual health. <ul style="list-style-type: none"> • Identification of patient problems • Factors affecting health PRACTICAL: Nursing Process Revision	2+2
2	II. Health history and general appearance. <ul style="list-style-type: none"> • Purpose and components of health history. • Effective interview techniques • Interview process • Physical Examination techniques PRACTICAL: General Survey Measurement and History Taking	2+2
3	III. Skin <ul style="list-style-type: none"> • Characteristics of normal and abnormal skin. • Classifying skin lesions • Common skin lesions & etiologies PRACTICAL: Assessment of Skin	1+1
3	IV. Hair and Nails <ul style="list-style-type: none"> • Characteristics of normal and abnormal hair and nails. • Hair and nails problems & etiologies PRACTICAL: Assessment of Hair and Nails	1+1
4	V. Head, Face, Nose, Mouth and Throat <ul style="list-style-type: none"> • Common abnormalities in head and neck. • Normal and abnormal findings in the face • Normal and abnormal findings in the mouth, nose and throat PRACTICAL: Assessment of Head, Face, Mouth, Nose and Throat	1+ 1
4	Neck, Lymph nodes and thyroid <ul style="list-style-type: none"> • Common abnormalities in cervical lymph nodes • Normal and abnormal findings in the lymph nodes • Normal and abnormal findings in thyroid gland PRACTICAL: Assessment of the Neck, Lymph nodes and thyroid	1+1
5	VII. Eyes and Ears <ul style="list-style-type: none"> • Normal and abnormalities in the assessment of the eyes & etiologies • Normal and abnormalities in the assessment of the ears and etiologies. PRACTICAL: Assessment of the Eyes & Ear SELF STUDY TOPICS: Ocular and extraocular muscle function Tests: cover test/uncover test, diagnostic position test	2+2

6	VIII Breasts and axilla <ul style="list-style-type: none"> • Physiologic function of human breasts. • Common variations and abnormal changes of the breast • Breast self-examination. PRACTICAL: Assessment of the breast/BSE	2+2
7	IX. Thorax and lungs. <ul style="list-style-type: none"> • Anatomic landmarks of the thorax • Normal lung sounds and adventitious breathsounds, • abnormalities of the respiratory system findings PRACTICAL: Assessment of the chest and lungs	1+1
7	X. Cardiac and vascular system <ul style="list-style-type: none"> • Structure of the heart and landmarks • Normal and abnormal findings inspection, palpation and percussion) • Normal and Abnormal auscultatory sounds • Common cardiovascular problems PRACTICAL: Cardiovascular Assessment	1+1
8	XI. Gastro-intestinal system. <ul style="list-style-type: none"> • Important health history components that provide information about gastro intestinal tract. • Normal and abnormal abdominal findings. PRACTICAL: Assessment of the Abdomen	1+1
8	XII. Musculoskeletal system and spines <ul style="list-style-type: none"> • Abnormal findings common in spine and common joints problems PRACTICAL: Assessment of Spine Self-study Topics Assessment of musculoskeletal system including range of motion of joints and assessment of muscles.	1+1
9 & 10	XIII. Neurological system/Cranial Nerves <ul style="list-style-type: none"> • Technique used to obtain assess the motor and sensory function. • Cerebral and cerebellar abnormalities PRACTICAL: Assessment of the 12 Cranial nerves, sensation, reflexes and cerebellar function assessment	4+4
11 & 12	Revision, Discussion and Final practical exam	4+4
Total		48 Hrs

D. Teaching and Assessment

1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
1.0	Knowledge and Understanding		
1.1	Evaluate the significance of data collection and validation in providing planned intervention	Lecture Group Discussions	Group discussion Written exams
1.2	Compare normal and abnormal physical findings of all systems and organs	Lecture Practical sessions Homework assignments	Objective structured clinical exams (OSCE)
1.3	Value the significance of nurse's role in the health assessment	Lecture Practical sessions Group Discussions	Objective structured clinical exams (OSCE)
2.0	Skills		
2.1	Apply the role of the nurse in assessing the client's health from the holistic perspective	Lecture Group discussion Reading available resources in library	Written exams
2.2	Practice critical thinking skills in the assessment of client's health status	Lecture Practical sessions Case study	Objective structured clinical exams (OSCE) Written exams
2.3	Demonstrate the psychomotor skills to be developed in assessing patient health status at the performance level	Lecture Practical sessions	Objective structured clinical exams (OSCE)
3.0	Values		
3.1	Advocate a safe and comfortable environment that protects client dignity and rights.	Lecture Group discussion	Objective structured clinical exams (OSCE) Written exams
3.2	Value effective ethical decision making	Lecture Practical sessions Case study	Objective structured clinical exams (OSCE) Written exams

2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1.	Midterm theory Exam		25%
2.	Attendance and participation	Continuous Evaluation	5%
3.	Practical Assessment or Assignment		5%
4.	Individual Assignment		5%
5.	Short assessment (quiz, oral evaluation, group project, group presentation)		10 %
6.	Final Theory Exam	11 th to 12 th week	30 %
7.	Final Practical Exam	11 th to 12 th week	20%
	Total		100%

*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc)

E. Student Academic Counseling and Support

Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice :

Consultations 2hrs , academic advice 2hrs

F. Learning Resources and Facilities

1. Learning Resources

Required Textbooks	<ol style="list-style-type: none"> 1. .Mary Ellen Zator Estes (2017) Health Assessment and Physical Examination, 6th International Edition Delmar Cengage Learning 2. POCKET COMPANION FOR PHYSICAL EXAMINATION AND HEALTH ASSESSMENT, SEVENTH EDITION 2016 Elsevier. 3. .Health Assessment in Nursing, Janet R weber & Jane Kelley, 5th Edition, Lippincott Williams & Wilkins
Essential References Materials	<ol style="list-style-type: none"> 1. Health Assessment in Nursing, Janet R weber & Jane Kelley, 5th Edition, Lippincott Williams & Wilkins 2. Mary Ellen Zator Estes (2017) Health Assessment and Physical Examination, 6th International Edition Delmar Cengage Learning
Electronic Materials	Jazan University Digital Library eBook Health Assessment and Physical Examination, 6 th Edition. Cengage Learning
Other Learning Materials	

3. Facilities Required

Item	Resources
Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)	Lecture rooms (for 40 – 50 students per semester) Well-equipped laboratory
Technology Resources (AV, data show, Smart Board, software, etc.)	Smart Board with ICT software and internet connection in the classrooms; audio speakers for voice amplification and audio streaming lapel and handheld microphones for teacher and students
Other Resources (Specify, e.g. if specific laboratory equipment is required, list requirements attach a list)	Video recording apparatus and facility Magmatic teaching board PowerPoint/ transparency projector Teaching lab dolls and equipment relevant to nursing procedures and demonstration included in course Library for nursing Textbooks and learning resources Basic laboratory to demonstrate clinical assessment Lab demonstrators.

G.Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	Evaluation Methods
Student Feedback on Effectiveness of Teaching	Students	Indirect: Students' teaching evaluation questionnaire Students' course evaluation questionnaire Direct: Continuing feedback from Students during the semester.
Evaluation of Teaching	Instructor and the Department	Peer evaluation of the instructor by the Department
Processes for Improvement of Teaching. Updating the course curriculum with newest technique and protocols in health assessment	Instructor or by the Department	Peer evaluation of the instructor by the Department

Evaluation areas (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

Evaluators (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

A. Specification Approval Data

Council / Committee	
Reference No.	
Date	