



**Course Title: Community Health Nursing** 

Course Code: 455NUR-5

**Program: Bachelor of Science in Nursing** 

**Department:** Nursing Department

**College:** College of Nursing

**Institution: Jazan University** 

Version: 2024

Last Revision Date: January 2024





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## A. General information about the course:

Co	Course Identification				
1. (	1. Credit hours: 5 hours (3 Theory & 2 Practical)				
2. (	2. Course type				
a.	University □	College □	Department ⊠	Track□	Others□
b.	b. Required ⊠ Elective□				
<b>3.</b> :	3. Level/year at which this course is offered: 11th Level/4th Year				

### 4. Course general Description

This course is required for all undergraduate fourth year, ten level nursing students.

It introduces the student to community health nursing theoretical and practical concepts behind. Also introduce the basic concepts of epidemiology and basic methods as applied to public health problems. Further, it introduce them the theories and techniques in caring with different population as school child, working populations, family centered care, home health care, geriatric care, environmental health hazards as well as giving health education and counseling to different individual's at KSA community. In addition, it describes the stage of disaster management and different outreach programs. By community health nursing and epidemiological concepts, the students will understand the practice and importance of epidemiological investigation in the areas of health services, environment and public health policies.

### 5. Pre-requirements for this course (if any): 352-NUR-6 & 353-NUR-6

## 6. Co- requirements for this course (if any): None

#### 7. Course Main Objective(s)

At the end of the course, the students will:

- 1. Comprehend the concepts of Community Health Nursing.
- 2. Apply the principles of assessment in Community Health Nursing.
- 3. Identify the elements of Primary Health Care.
- 4. Participate in School Health Program.
- 5. Develop a concerned relationship with environmental health and safety measures.
- 6. Discuss physiological changes occurs in older people and their needs.
- 7. Assess the needs of patient with chronic diseases.
- 8. Differentiate the different occupational health problems and hazards.
- 9. Identify requirements for effective counseling.
- 10. Differentiate between types of outreaches programs
- 11. Prepare a community oriented nurses capable of implementing preventive and control measures for communicable diseases on the individual, family, and community levels and within the primary health care settings following WHO policies and protocols.

## 1. Teaching mode (Mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1.	Traditional classroom	$(3 \times 12) + (4 \times 12) = 84$	100%
2.	E-learning		



No	Mode of Instruction	Contact Hours	Percentage
	Hybrid		
3.	Traditional classroom		
	• E-learning		
4.	Distance learning		

## 2. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	12 x 3= 36
2.	Laboratory/Studio	12 x 4= 48
3.	Field	
4.	Tutorial	
5.	Others (specify)	
	Total	84 hour/semester

# B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes  Knowledge and understanding	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.1	Demonstrate scientific knowledge to articulate theories, concepts, principles, and skills related to community health nursing. Understand the principles and concepts of community health nursing that are tailored to diverse population.  Explain contemporary community nursing practices to promote patient-centered care.	K1  K3	<ol> <li>Lectures.</li> <li>Open discussion and learning instructions.</li> <li>Assignments.</li> <li>Case study</li> <li>Problem-Based Learning</li> <li>Student activities.</li> <li>Data presentation.</li> <li>E-Videos etc.</li> </ol>	Direct: 1. MCQs. 2. Short answer question. 3. Long answer questions 4. Quizzes 5. Matching 6. Periodic Examination 7. Case studies 8. Nursing Care Plans 9. Individual and group requirements Indirect: 1. Course evaluation survey 2. ILO
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Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
2.1	Demonstrate commitment to provide safe and evidenced based nursing care in community settings.	S1	1. Recalling or remembering something in between the	Direct:
2.2	Perform essential and advanced community nursing practices skillfully.	S2	classroom teaching. 2. Case studies and	<ol> <li>MCQs.</li> <li>Short answer question.</li> <li>Long answer questions</li> <li>Quizzes</li> </ol>
2.3	Integrate technology and information systems skills in community care practices effectively.	S3	presentations 3. Role-plays and Brainstorming 4. Questioning	<ul><li>5. Matching</li><li>6. Periodic Examination</li><li>7. Case studies</li><li>8. Nursing Care Plans</li></ul>
2.4	Communicate effectively with patients, their families, colleagues, and other professionals.	S4	<ul><li>5. Problem-solving</li><li>6. Simulation</li><li>7. Problem-based</li></ul>	9. Individual and group requirements Indirect: 1. Course evaluation
2.5	Solve problems arising in community nursing practices innovatively for effective decision making.	S5	learning. 8. Lectures. 9. E-Videos. 10. Small group discussion.	survey 2. ILO
3.0	Values, autonomy, and respons	ibility		
3.1	Demonstrate professional attitudes and responsibilities in community nursing settings.	V1	1. Interaction of students in the class with the teacher	Direct: 1. MCQs. 2. Short answer question. 3. Long answer questions
3.2	Display teamwork and collaboration with the multidisciplinary team when providing therapeutic interventions	V2	during solving problems.  2. Actual clinical experience  3. Simulations  4. Role playing  5. Video clips.  6. Small group discussion.  7. Demonstration	<ul> <li>4. Quizzes</li> <li>5. Matching</li> <li>6. Periodic Examination</li> <li>7. Case studies</li> <li>8. Nursing Care Plans</li> <li>9. Individual and group requirements</li> <li>Indirect:</li> <li>1. Course evaluation survey</li> <li>2. ILO</li> </ul>





# C. Course Content

No	List of Topics	Contact Hours
1.	Theory:  1.1 Course Orientation 1.2 Introduction to Community Health Nursing  Practical:  Orientation about clinical areas and requirement in each area.	L= 3 P= 4
2	Community Health Nursing Process  Theory: 2.1. Community as a client  Practical: Review of vital sign procedure (TPR & BP: Non digital instrument)  Measuring height and weight for all age group	L= 3 P= 4
3	<ul> <li>Theory:</li> <li>3.1. Settings for Community Health Nursing (Primary Health Care - Home visits, and Occupational Health)</li> <li>Practical:</li> <li>Medication administration (I.M, I.V, I.D, S.C Injection and, Routine).</li> </ul>	L= 3 P= 4
4	Theory: 4.1. The Family as Client & Violence Practical: Hospital training exposure.	L= 3 P= 4
5	Theory: 5.1. Community Health Education Practical: Hospital training exposure.	L= 3 P= 4
6	Theory: 6.1. School-Age children and adolescent & School Health Nursing Practical: Hospital training exposure.	L= 3 P= 4
7	Theory: 7.1. Client with disabilities & Chronic illness  Practical: Geriatric assessment Assistive Device	L= 3 P= 4
8	Theory: Week 6 8.1. Health promotion and risk reduction  Practical:  Wound Care and Wound Suturing	L= 3 P= 4
9	Theory: 9.1. Disasters management in the community Practical: Immunization	L= 3 P= 4



10	<b>Theory:</b> 10.1. Environmental Health and Safety	L= 3
10	Practical: First Aid	P= 4
11	Review	7
12	Final Exams	7
	Total	84

# D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week number)	Percentage of Total Assessment Score
	<b>Continuous evaluation (50%)</b>		
	Short assessment	2-3 <sup>rd</sup>	5%
	Midterm theory	6 - 7 <sup>th</sup>	25%
1.	Practical Assessment	$4-5^{th}$	5%
	Hospital requirements	7 - 9 <sup>th</sup>	10%
	Attendance & Participation	For	5%
		all weeks	
2.	Final practical	11 <sup>th</sup>	20
3.	Final theory	12-13 <sup>th</sup>	30
4.	Total		100%

<sup>\*</sup>Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.)

# E. Learning Resources and Facilities

## 1. References and Learning Resources

Essential References	4. Rector, C., & Stanley, M. J. (2020). Community and Public Health Nursing. Lippincott Williams & Wilkins.
Supportive References	<ul> <li>5. Nies, M. A., &amp; McEwen, M. (2018). Community/public health nursing-E-book: promoting the health of populations. Elsevier Health Sciences.</li> <li>6. Celentano, D. &amp; Moyses, S. (2019). Gordis Epidemiology. Elsevier.</li> </ul>
Electronic Materials	<ul> <li>International Journal of Nursing Studies</li> <li>Journal of Community Health Nursing</li> <li>International Journal of Nursing Knowledge</li> </ul>
Other Learning Materials	<ul> <li>Medicare website</li> <li>Digital Saudi Library</li> <li>EBSCO website</li> <li>Web of Science® - ISI website</li> </ul>





## 2. Required Facilities and equipment

Items	Resources
Facilities (Classrooms, Laboratories, Exhibition rooms, Simulation rooms, etc.)	Lecture rooms (for 50 students per semester)
Technology equipment (Projector, Smart board, Software)	Smart Board with ICT software and internet connection in the classrooms; audio speakers for voice amplification and audio streaming; lapel and handheld microphones for teacher and students
Other equipment (Depending on the nature of the specialty)	Library, CHN Textbooks and learning resources, basic laboratory, Lab demonstrators

# F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of Teaching	Students	<ul> <li>Course Report</li> <li>Students' Teaching Evaluation Questionnaire.</li> <li>Continuing feedback from students during the semester.</li> </ul>
Effectiveness of student's assessment	Instructor	<ul> <li>Course report</li> <li>CLO Evaluation survey</li> <li>Continuing feedback from students during the semester.</li> </ul>
Quality of learning resources	Quality Assurance Unit	<ul> <li>Students Satisfaction Survey         Continuing feedback from students during the semester.     </li> </ul>
The extent to which CLOs have been achieved	Instructor	<ul> <li>Course report</li> <li>CLO Evaluation survey</li> <li>Continuing feedback from students during the semester.</li> </ul>

Other

**Assessor** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify) **Assessment Methods** (Direct, Indirect)

# G. Specification Approval Data

COUNCIL /COMMITTEE

 $\begin{array}{ll} PLANS \ AND \ CORRICULUM \ COMMITTEE-\\ COLLEGE \ OF \ NURSING \end{array}$ 





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DATE

