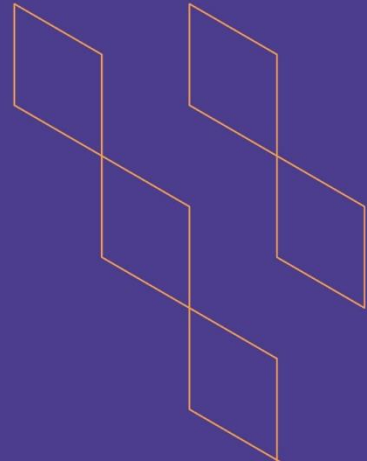




T-104

## Course Specification



Course Title: Adult Care Nursing II
Course Code: 332NUR-6
Program: BACHELORS OF SCIENCE IN NURSING
Department: Nursing
College: College of Nursing
Institution: Jazan University
Version: 2024
Last Revision Date: 12/2/2023



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## A. General information about the course:

Course Identification	
1. Credit hours:	
2. Course type	
a.	University <input type="checkbox"/> College <input type="checkbox"/> Department <input checked="" type="checkbox"/> Track <input type="checkbox"/> Others <input type="checkbox"/>
b.	Required <input checked="" type="checkbox"/> Elective <input type="checkbox"/>
3. Level/year at which this course is offered:	
7 <sup>th</sup> Level/3 <sup>rd</sup> Year	
4. Course general Description	
This course is a continuation of Adult Care Nursing I. It focuses on selected competencies for designing comprehensive nursing care management of adult clients with complex & unpredictable human responses to specific system alterations. Selected settings are utilized for clinical practice.	
5. Pre-requirements for this course (if any):	
<b>231NUR-6 (Adult Care Nursing I)</b>	
6. Co- requirements for this course (if any):	
7. Course Main Objective(s)	
<b>Upon successful completion of NURS 332 the student will be able to:</b>	
1. Integrate the knowledge of pathophysiology in the administration of nursing care of patients experiencing complex responses to stress.	
2. Maintain the collaborative relationship between health team members, patients and significant support person(s) in various health settings to promoting wellness and disease prevention while managing acute and chronic conditions.	
3. Demonstrate behaviors which promote leadership, education, autonomy and power within the profession of nursing.	
4. Demonstrate a holistic approach to the practice of nursing, considering physical, psychological, socio-cultural, developmental and spiritual factors, and promote the continuity of care.	
5. Integrate caring, integrity, safe practice and accountability in practicing the art and science of nursing.	
6. Apply critical thinking in the provision of quality nursing care while maintaining fiscal accountability.	
7. Manage care in an effective and efficient manner maintaining legal and ethical standards in the provision and delegation of nursing care.	

8. Analyze the impact of responses to stress on members of a multicultural society and intervene to optimize health and empower healthcare consumers.

### 1. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1.	Traditional classroom	$(3 * 12) + (6 * 12) = 48$	100%
2.	E-learning		
3.	Hybrid <ul style="list-style-type: none"> <li>Traditional classroom</li> <li>E-learning</li> </ul>		
4.	Distance learning		

### 2. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	$12 * 3 = 36$
2.	Laboratory/Studio	$12 * 6 = 72$
3.	Field	
4.	Tutorial	
5.	Others (specify)	
	<b>Total</b>	<b>108</b> hour/semester

## B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Demonstrate the broad understanding and critical view of the concepts and terminology used in disorders of endocrine system, musculoskeletal system, urinary system, nervous system, immune system, Integumentary system and eye & ear.	K1	Lecture & Group discussion	Pre-class assignment - Mid-term exam - Final written exam
1.2	Apply the principles and concept of appropriate nursing care to the patients suffering from disorders of endocrine system, musculoskeletal system, urinary system, nervous system, integumentary system and eye & ear.	K2	Lecture & Group discussion	Pre-class assignment - Mid-term exam - Final written exam
...	Explain contemporary nursing practices based on knowledge and technological advances to promote patient centered care to patients with endocrine, urinary, musculoskeletal, nervous, integumentary, eye & ear disorders.	K3	Lecture & Group discussion	Pre-class assignment - Mid-term exam - Final written exam
2.0	Skills			
2.1	Demonstrate commitment to provide safe and evidenced based nursing care to patient in a variety of settings	S1	Simulation of clinical scenarios	Lab performance test
2.2	Perform essential and advanced nursing practices skillfully to clients with endocrine, urinary, musculoskeletal, nervous, integumentary, eye and ear disorders.	S2	Simulation of clinical scenarios	Lab performance test
2.2	Integrate technology and information systems skills in healthcare practices effectively among clients with endocrine, urinary, musculoskeletal,	S3	Simulation of clinical scenarios	Lab performance test



Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	nervous, integumentary, eye and ear disorders.			
...	Communicate effectively in written and spoken English as well as the Arabic language with patients, their families, colleagues and other professionals while performing duty in hospital.	S4	Simulation of clinical scenarios	Lab performance test
	Solve problems arising in nursing practice critically, creatively and innovatively for effective decision-making.	S5	Simulation of clinical scenarios	Lab performance test
3.0	Values, autonomy, and responsibility			
3.1	Demonstrate professional attitudes and social responsibility in healthcare ethically according to Islamic principles to the clients suffering from endocrine, urinary, musculoskeletal, nervous, immune, integumentary, eye and ear disorders.	V1	Simulation of clinical scenarios	Lab performance test
3.2	Illustrate the capacity for self-reflection, inter – professional collaboration, leadership and life-long professional development.	V2	Simulation of clinical scenarios	Lab performance test

## C. Course Content

No	List of Topics	Contact Hours
1.	<b><u>ENDOCRINE DISORDER:</u></b> <ul style="list-style-type: none"> <li>➤ Assessment &amp; diagnostic test of thyroid gland.</li> <li>➤ Management of patient's with following conditions-</li> <li>➤ Hyperthyroidism &amp; care of patient undergoing thyroidectomy.</li> <li>➤ Hypothyroidism</li> </ul>	3 6
2.	<ul style="list-style-type: none"> <li>➤ Hyperparathyroidism</li> <li>➤ Hyperparathyroidism</li> </ul>	3 6





	<ul style="list-style-type: none"> <li>➤ Hyperpituitarism</li> <li>➤ Hypopituitarism</li> <li>➤ Diabetes Mellitus &amp; Diabetes Insipidus</li> </ul> <p><b>Practical:</b></p> <ul style="list-style-type: none"> <li>➤ Assessment of Thyroid Gland.</li> <li>➤ Blood Glucose Monitoring</li> <li>➤ Administration of insulin injection</li> <li>➤ Mixing insulin</li> </ul>	
3.	<p><b><u>URINARY SYSTEM DISORDERS</u></b></p> <ul style="list-style-type: none"> <li>➤ Assessment and diagnostic evaluation</li> <li>➤ Upper urinary tract infection</li> <li>➤ Renal failure</li> <li>➤ Urolithiasis</li> <li>➤ Nephrosclerosis</li> <li>➤ Hydronephrosis</li> <li>➤ Urethritis</li> <li>➤ Dialysis</li> <li>➤ Renal transplant.</li> </ul> <p><b>Practical:</b></p> <ul style="list-style-type: none"> <li>➤ Dialysis (peritoneal &amp; hemodialysis)</li> <li>➤ Performing routine catheter care</li> </ul>	<p>3</p> <p>6</p>
4.	<p><b><u>Musculoskeletal system:</u></b></p> <ul style="list-style-type: none"> <li>➤ Physiologic overview</li> <li>➤ Assessment and diagnostic evaluation</li> <li>➤ Management of the patient with, orthopedic surgeries</li> <li>➤ Management of the patient with musculoskeletal trauma: fractures and amputation</li> </ul>	<p>3</p> <p>6</p>
5.	<p><b><u>Management of the patient with musculoskeletal disorders cont'd:</u></b></p> <ul style="list-style-type: none"> <li>➤ Common problems</li> <li>➤ Low back pain</li> <li>➤ Metabolic bone disorders</li> <li>➤ Muscle skeletal infections</li> </ul> <p><b>Practical:</b></p> <ul style="list-style-type: none"> <li>➤ Applying a sling</li> <li>➤ Assisting with cast application</li> <li>➤ Assisting with the application of skin traction.</li> <li>➤ Assisting in walker, Cane &amp; crutch walking</li> </ul>	<p>3</p> <p>6</p>
6.	<p><b><u>Nervous system disorders:</u></b></p> <ul style="list-style-type: none"> <li>➤ Assessment and diagnostic evaluation</li> </ul>	<p>3</p>





	<ul style="list-style-type: none"> <li>➤ Management of the patient with neurological dysfunction: Increased intracranial pressure The unconscious patient</li> <li>➤ Managing the patient with neurological disorders: Headaches Multiple sclerosis Parkinson's disease Alzheimer's disease Myasthenia Gravis Seizure disorder The quadriplegic or paraplegic patient.</li> </ul> <p>Practical:</p> <p>Assisting the patient undergoing Lumber puncture Positioning the patient after stroke/CVA</p>	6
7.	<p><b><u>IMMUNE SYSTEM-</u></b></p> <p>Managing the patient with-</p> <ul style="list-style-type: none"> <li>➤ Acquired immune deficiency syndrome</li> <li>➤ Allergic reaction/hypersensitivity reaction</li> <li>➤ Rheumatoid arthritis</li> <li>➤ Systemic lupus erythematosus</li> </ul> <p>Practical:</p>	3 6
8.	<p><b><u>INTEGUMENTARY SYSTEM DISORDERS :</u></b></p> <ul style="list-style-type: none"> <li>➤ Assessment &amp; diagnostic evaluation of skin disorders</li> <li>➤ Burn injury &amp; its management</li> <li>➤ Pruritus</li> <li>➤ Bacterial infections</li> <li>➤ Fungal infection</li> <li>➤ Psoriasis</li> </ul> <p>Practical:</p> <ul style="list-style-type: none"> <li>➤ Wound dressing for a burn patient</li> </ul>	3 6
9.	<p><b><u>DISORDERS OF EYE</u></b></p> <ul style="list-style-type: none"> <li>➤ Assessment &amp; diagnostic evaluation of eye disorders</li> <li>➤ Eye Infections</li> <li>➤ Glaucoma</li> <li>➤ Cataracts</li> </ul> <p>Practical:</p> <ul style="list-style-type: none"> <li>➤ Eye irrigation &amp; instillation of eye drops</li> <li>➤ Application of eye patch, shield &amp; dressing</li> </ul>	3 6
10.	<p><b><u>DISORDERS OF EAR</u></b></p> <ul style="list-style-type: none"> <li>➤ Otitis Externs</li> </ul>	3



	<ul style="list-style-type: none"> <li>➤ Otitis Media</li> <li>➤ Furuncle of ear</li> <li>➤ Meniere disease</li> </ul> <p>Practical:</p> <ul style="list-style-type: none"> <li>➤ Ear irrigation &amp; instillation of ear drops.</li> </ul>	6
11	<b><u>Revision</u></b>	9
12	<b><u>Final Exams</u></b>	9
<b>Total</b>		<b>108</b>

## D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	<b><u>Continuous evaluation (50%)</u></b>		
	• Short assessment (quiz, oral evaluation, group project, group presentation, etc)	2-3 <sup>rd</sup>	5%
	• Midterm exam(Theory)	6 <sup>th</sup> – 7 <sup>th</sup>	25%
	• Practical assessment/Assignment	4 – 5 <sup>th</sup>	5%
	• Clinical training	7 – 9 <sup>th</sup>	10%
	• Attendance & Participation (Both theory & practical)	Entire semester	5%
2.	<b><u>Final exam (50%)</u></b>		
	• Practical	11	20%
	• Theory	12	30%

\*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.)





## E. Learning Resources and Facilities

### 1. References and Learning Resources

Essential References	<ol style="list-style-type: none"> <li>1. Smeltzer C.A &amp; Brenda Bare (2018), <i>Brunner and Siddhartha's Textbook of Medical Surgical Nursing</i>, 13th ed, Philadelphia: Lippincott Williams and Wilkins</li> <li>2. Lewis.S.,Dirksen.S,Heit kemper.M &amp; bucher.L (2017),<i>Medical Surgical Nursing: assessment and management of clinical problems</i>,10<sup>th</sup> ed, St.Louis:Elsevier,Mosby</li> <li>3. Sandra M Nettina (2018), <i>Lippincott Manual of Nursing</i>, 11th ed, Williams and Wilkins.</li> <li>4.Berman.A and Snyder.S ( 2016),<i>kozier &amp; Erb's fundamentals of Nursing:concepts,Process and practice</i>,10<sup>th</sup> ed,upper saddle river,pearson education</li> <li>5. Perry A and potter p (2017), <i>Clinical Nursing skills &amp; Techniques</i>, 9th ed, St.Louis Mosby</li> </ol>
Supportive References	<ol style="list-style-type: none"> <li>1. American nursing journal</li> <li>2. Canadian nursing journal</li> <li>3. Indian nursing journal</li> <li>4. Journal of advanced nursing-Wiley online library</li> </ol>
Electronic Materials	<ol style="list-style-type: none"> <li>1. Journal of advanced nursing-Wiley online library url:<a href="https://onlinelibrary.wiley.com/page/journal">https://onlinelibrary.wiley.com/page/journal</a></li> <li>2. International journal of science and research <a href="http://www.ijsr.net">url:www.ijsr.net</a></li> <li>3. Nursing Times <a href="https://www.nursingtimes.net">url:https://www.nursingtimes.net</a></li> <li>4. Online journals in nursing-Bioaccent url:<a href="https://bioaccent.org/medical-nursing">https://bioaccent.org/medical-nursing</a></li> </ol>
Other Learning Materials	

## 2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	<ul style="list-style-type: none"> <li>Lecture rooms= 60 students</li> <li>Nursing lab to practice Advance Nursing Procedure.</li> <li>Clinical setting with training centre that implement Therapeutic milieu.</li> <li>Institutional settings : Medical Ward ,Surgical Ward, Orthopedic Ward, Neurological and Neurosurgical Ward, Dialysis Unit, Urology ward, Kidney transplant unit, Burn unit, Dermatology unit, Eye Ward, E.N.T. Ward and Emergency Unit.</li> </ul>
Technology equipment (projector, smart board, software)	<ul style="list-style-type: none"> <li>Projector</li> <li>White board</li> <li>Audio visual aids</li> <li>Internet</li> </ul> <p>membership in web based Medical Surgical nursing</p>
Other equipment (depending on the nature of the specialty)	<ul style="list-style-type: none"> <li>A. Video recording apparatus and facility.</li> <li>B. Magnetic teaching board.</li> <li>C. PowerPoint/ transparency projector.</li> <li>D. Teaching lab dolls and equipments relevant to nursing procedure included in course.</li> <li>E. Manicunnes for various nursing procedures.</li> </ul>

## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	Course Report Students' teaching evaluation questionnaire.

Assessment Areas/Issues	Assessor	Assessment Methods
		Continuing feedback from students during the semester.
Effectiveness of students assessment	Instructor	Course report CLO Evaluation survey Continuing feedback from students during the semester.
Quality of learning resources	Quality Assurance Unit	Students Satisfaction Survey Continuing feedback from students during the semester.
The extent to which CLOs have been achieved	Instructor	Course report CLO Evaluation survey Continuing feedback from students during the semester.
Other		

**Assessor** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)

## G. Specification Approval Data

COUNCIL /COMMITTEE	PLANS AND CURRICULUM COMMITTEE-COLLEGE OF NURSING
REFERENCE NO.	
DATE	