
Level 5 course	Advanced Human Nutrition (202CLN)
Course description	<p>The course is designed for clinical nutrition students with a primary focus on micronutrients, including vitamins and minerals.</p> <p>At the end of the course the students will be able to:</p> <ul style="list-style-type: none">• Describe the role of water soluble and fat-soluble vitamins in the body.• Demonstrate the interactions between vitamins.• Summarize the problems of vitamin deficiency.• Explain the role of vitamins in metabolism.• Identify the major elements found in the human body.• Recognize the consequence of inadequate intake of minerals for general health.• Enumerate food sources of minerals.• Discuss the causes of an inadequate intake of specific minerals in the groups of population.• Describe the limits for the levels of inorganic minerals given as reference values.

Level 5 course	Nutrition Through Life Cycle (222CLN)
Course description	This course aims to establish relationship between foods and nutrients, considering nutritional requirements across various life stages, with a specific emphasis on understanding the evolving nutritional needs and specific concerns associated with each of these stages.
